

JSCP

Online Training Program to
Promote Suicide Countermeasures at Universities

Lecture Attendance and Access Manual

To create a society where no one is driven to suicide

January 20th, 2026_Ver. 2.0

Japan Suicide Countermeasures Promotion Center

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1. Connecting to the training program website for university faculty and staff

The training program for university faculty and staff is provided in an e-learning system by Japan Suicide Countermeasures Promotion Center (JSCP).

To take the program, connect to the Internet and follow the steps on the subsequent pages.

You can take the program on your PC, smartphone, or tablet.

1. Connecting to the training program website for university faculty and staff

① To connect to the Internet from your computer, start one of the following web browsers.



Microsoft Edge



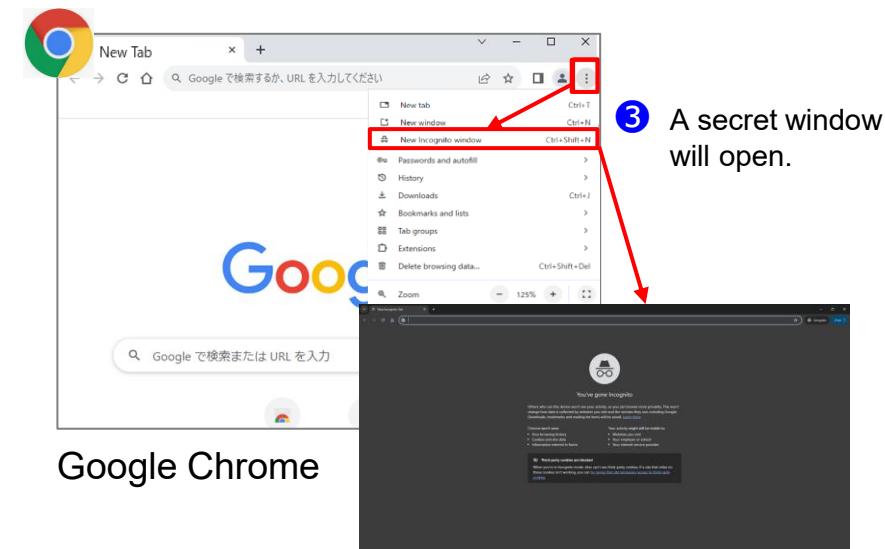
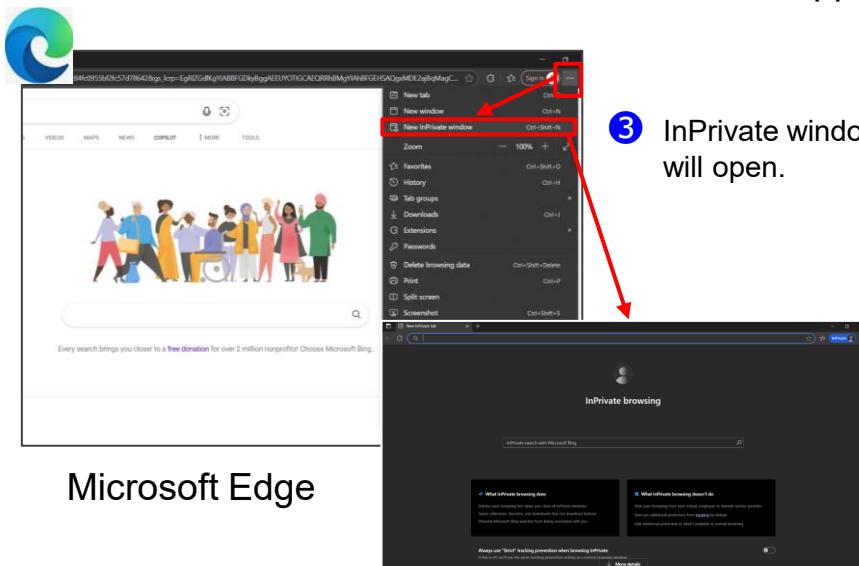
Google Chrome

② Referring to the screen below, start the operation **using a function that does not leave a history in the web browser**.
(This is necessary to prevent your ID and password from being saved on your computer.)

[NOTE] (1) If you cannot open the following web browser, please check with your organization's Systems and IT Management Team.
(2) You can also use a standard web browser. After completing the program, please follow the instructions in slide 28 (3) Logout.

Microsoft Edge: Select **[新しいInPrivate ウィンドウ (New InPrivate Window)]** from the three dots in the upper-right corner.

Google Chrome: Select **[新しいシークレット ウィンドウ (New Incognito Window)]** from the three dots in the upper-right corner.



1. Connecting to the training program website for university faculty and staff

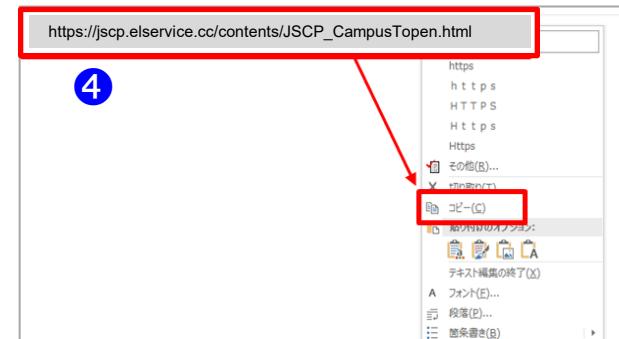
④ Place your cursor on the URL below, select the range, **right-click**, and select "**Copy**."

https://jscp.elservice.cc/contents/JSCP_CampusTopen.html

This URL is the entry point for this training.

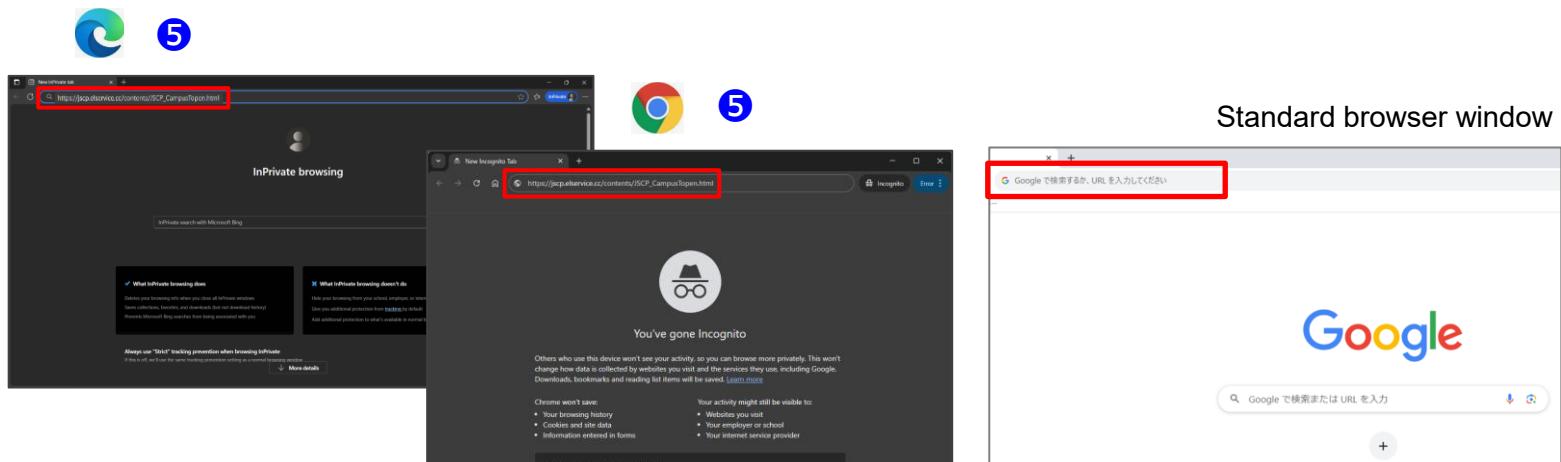
If you use a different URL, you may not be able to register or log in properly.

* Please bookmark the above URL.



⑤ In the red-framed area of the "InPrivate window" or "secret window," **right-click** and select **[Paste]**.

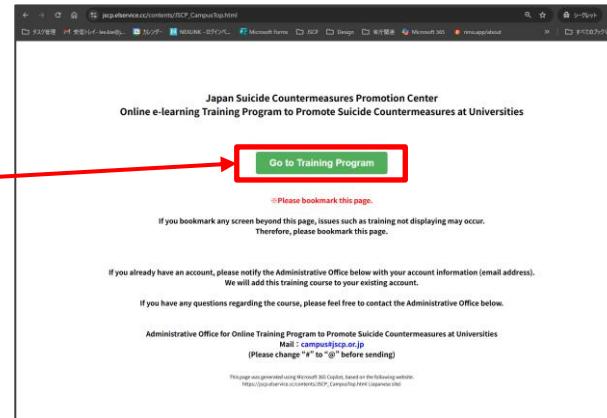
Check that https://jscp.elservice.cc/contents/JSCP_CampusTopen.html is entered and press the **ENTER** key.



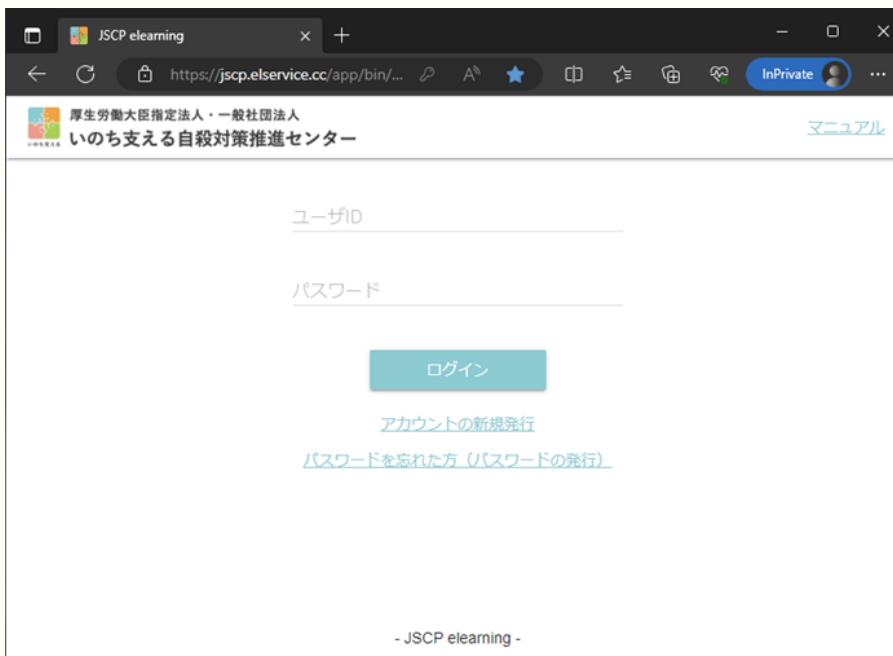
1. Connecting to training program website for university faculty and staff

⑥ Select

[Go to Training Program] .



The ログイン (Login) screen for "Training Program for University Faculty and Staff" will be displayed.



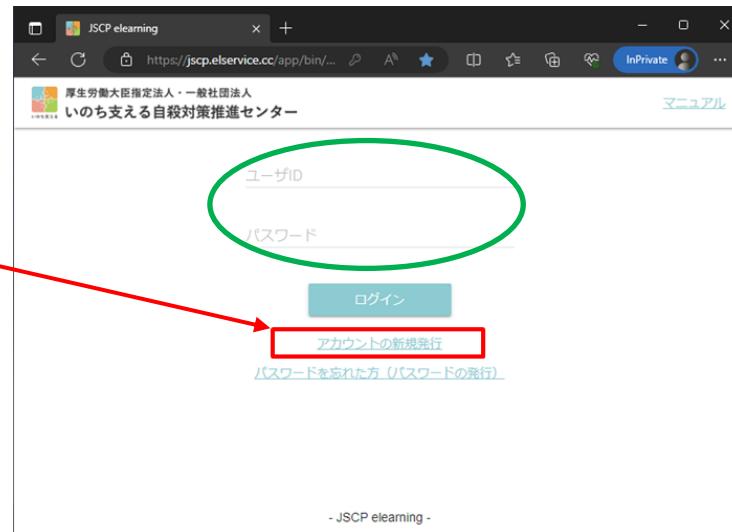
2. Registration for training

Registration with an e-mail address

2. Registration for training

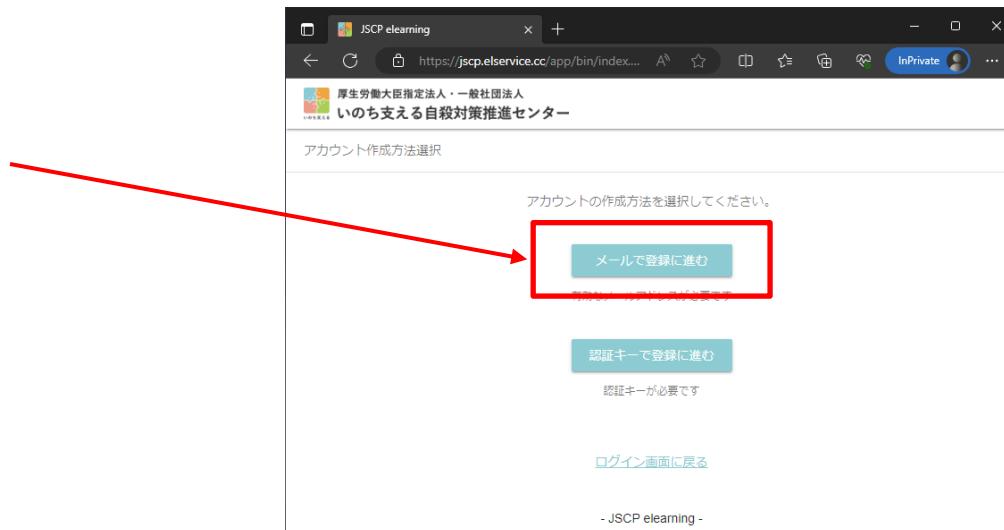
① Select [アカウントの新規発行] (Create a new account) on the login screen.

After completing your initial registration (and to watch lectures again), proceed using the fields in the green circle.



② Select [メールで登録に進む] (Register with e-mail).

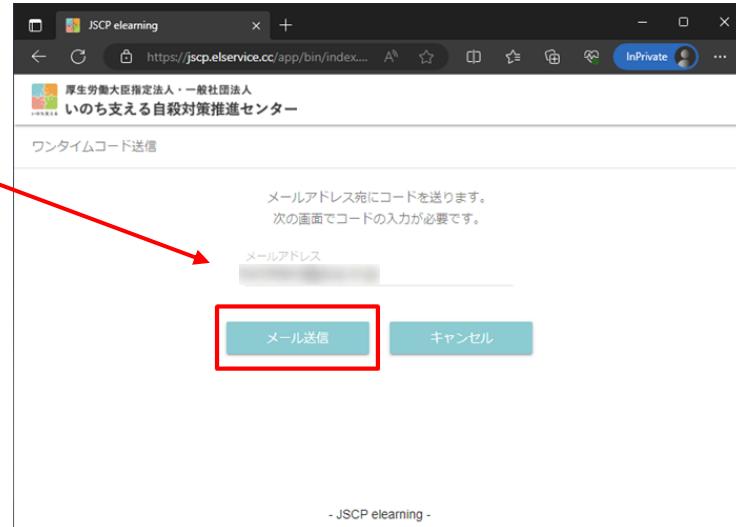
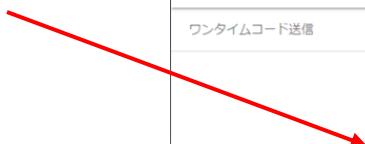
*For security reasons, please register your personal e-mail address rather than a shared address.



2. Registration for training

③ After entering your e-mail address, select [メール送信 (Send e-mail)].

*The e-mail address you register here will be your user ID.



④ A screen for entering the one-time code will be displayed.

A one-time code issuance e-mail has been sent to your e-mail address.

Please check your e-mail inbox.

See the next page for an example e-mail.

*Depending on your e-mail system, our e-mail may be sorted into your spam folder. If you cannot find our e-mail, please also check your spam folder.

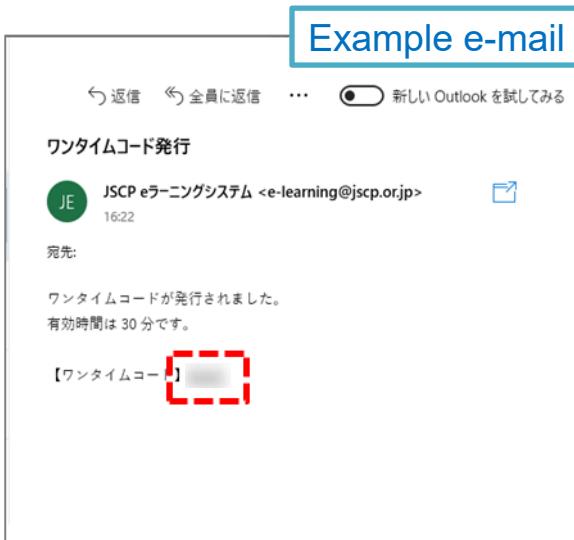


2. Registration for training



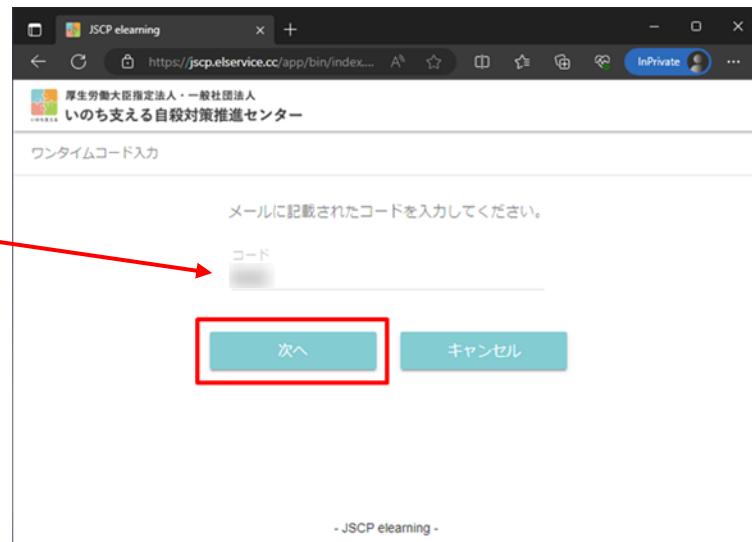
Depending on your e-mail software, the e-mail may be classified as "junk mail" as shown in the figure above. If the e-mail is received normally, the display will be as shown in the figure below. (This is not junk mail.)

⑤ Select the one-time code (four digits) and select "Copy" from the right-click menu.

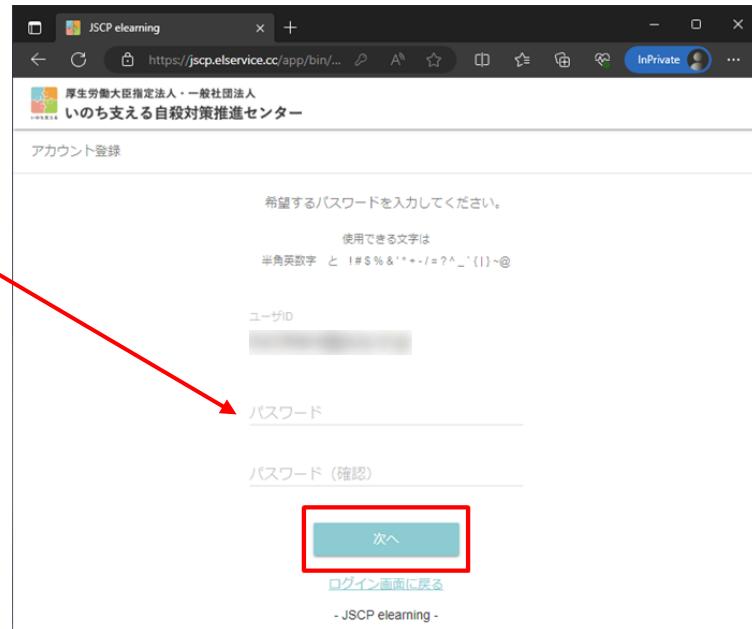


2. Registration for training

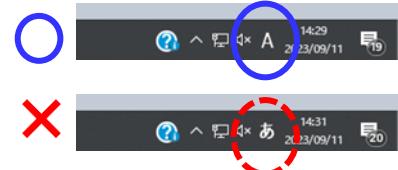
⑥ Enter the code sent to your e-mail address in the "ワンタイムコード入力 (One-time code entry)" screen (④).



⑦ Here, you can set a password for logging in. Enter your desired password, re-enter the same password in the field below for confirmation, and select [次へ (Next)]. Set a **password that is at least 8 alpha-numeric characters** long.



Enter the password with "A" shown as the language displayed in the taskbar at the bottom right of the screen, not the Japanese character "あ."



2. Registration for training

⑧ A confirmation screen will appear. Select [登録 (Register)].



2. Registration for training

⑨ Enter your information.

Red text (1)(2)(4)(5) indicates required information.

Blue text (3) is not required.

(1) ユーザ名 (User name)

(* will be displayed on the certificate of completion)
(Enter your name)

(2) ユーザ名 (よみがな)

(User name (pronunciation))
(Enter the pronunciation of your name)

(3) グループ参加キー (Group participation key)

* Do not enter anything.

(4) 勤務先 (Place of employment)

(Enter the name of your university)

(5) 属性 (Job type)

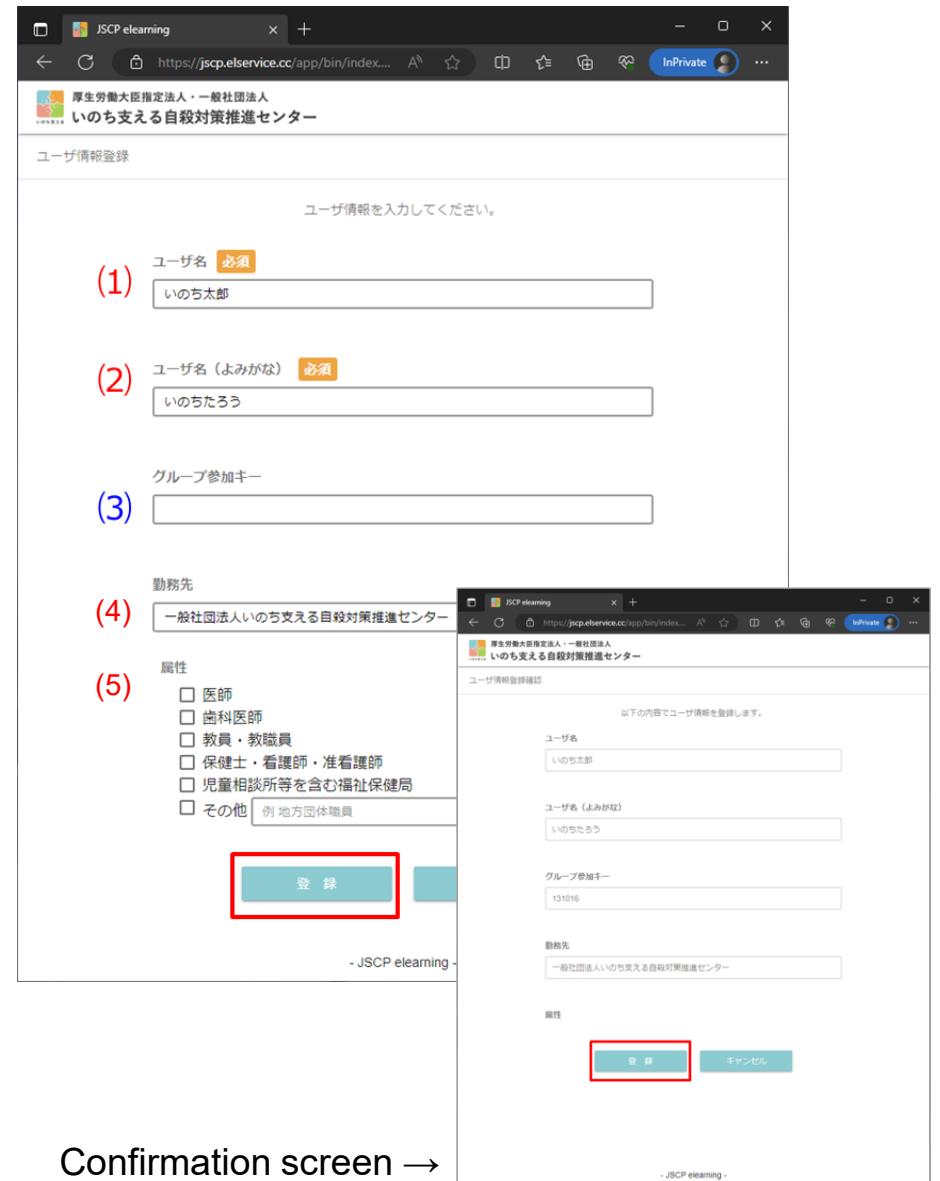
Check or enter your job type.

Example: その他 (Other)

(Health Management Department staff), etc.

Once you have entered all the information,
select [登録 (Register)].

⑩ A confirmation screen will appear. Please double-check and select [登録 (Register)].

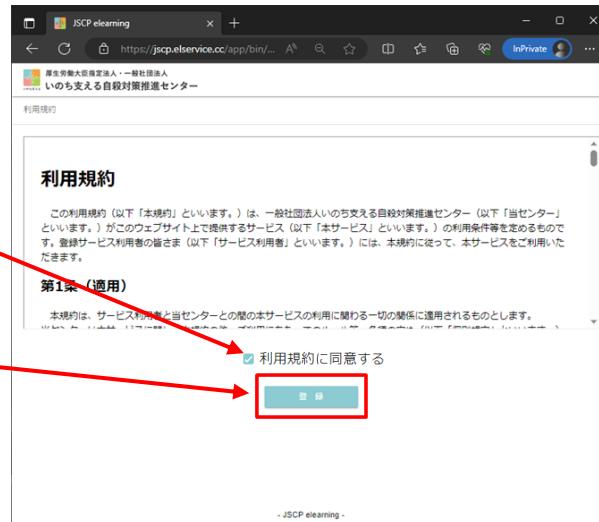


The image consists of two screenshots of a web-based user registration form. The top screenshot shows the initial registration page with fields for 'User Name' (必修), 'User Name (Pronunciation)' (必修), 'Group Participation Key', and 'Workplace'. The bottom screenshot shows a confirmation page where the '登録' (Register) button is highlighted with a red box.

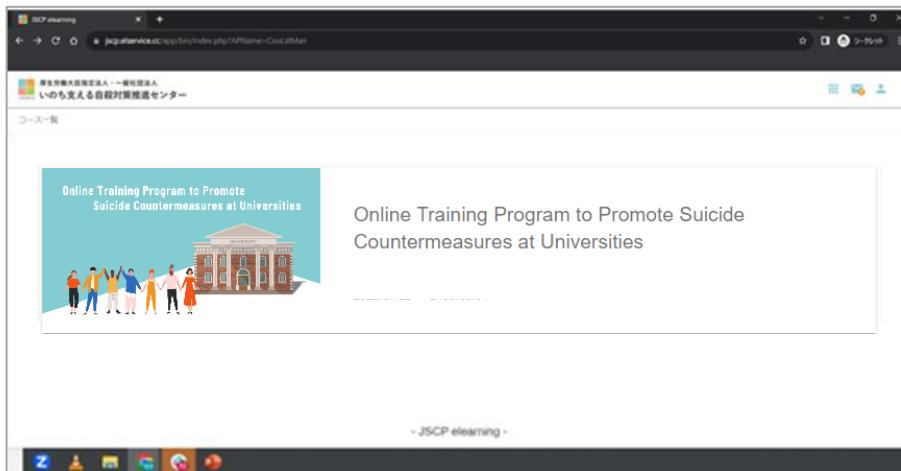
Confirmation screen →

2. Registration for training

⑪ 利用規約 (Terms of Use) will be displayed.
After reading, check [利用規約に同意する
(I agree to the Terms of Use)]
and select [登録 (Register)].

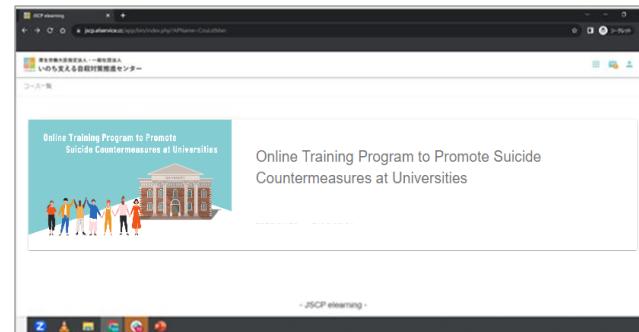


⑫ The “Online Training Program to Promote Suicide Countermeasures at Universities” start screen will appear.

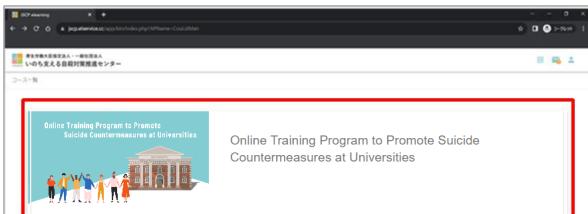


Please refer to page 14 for an explanation of the training screen.

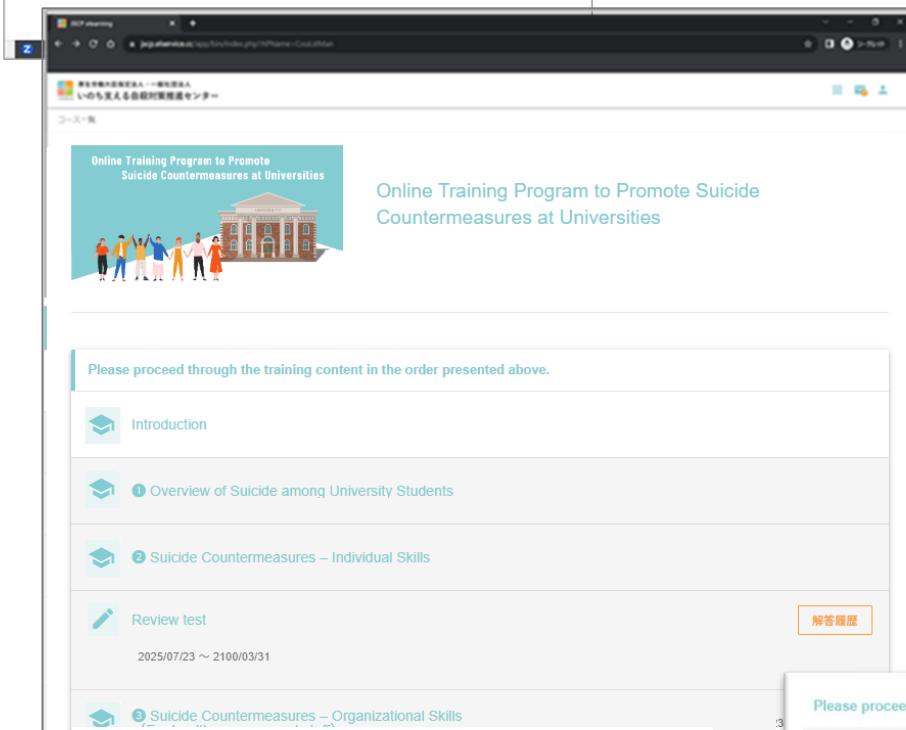
3. Instructions for operating the training system



3. Instructions for operating the training system

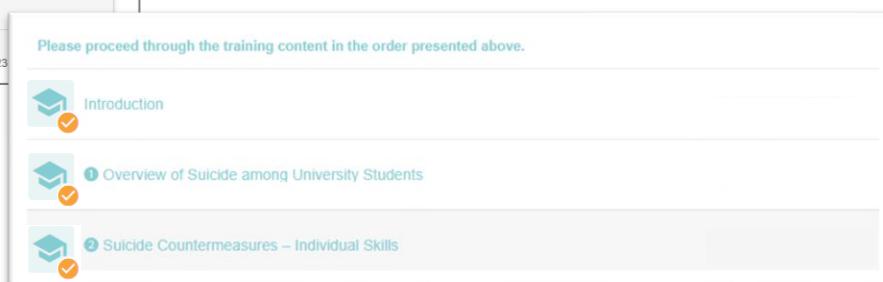


① Select "Online Training Program to Promote Suicide Countermeasures at Universities".

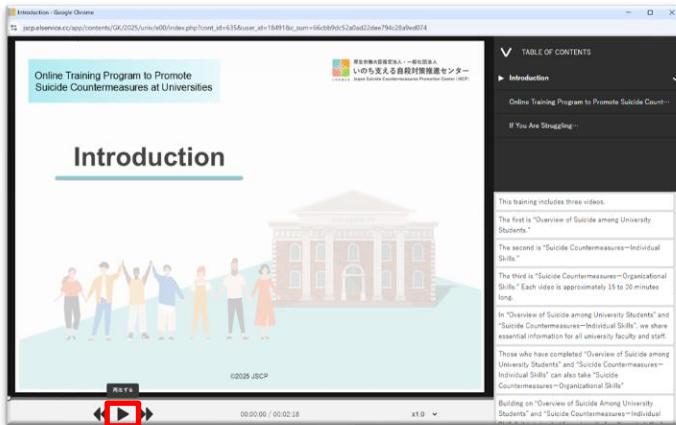


② The program content will be displayed.

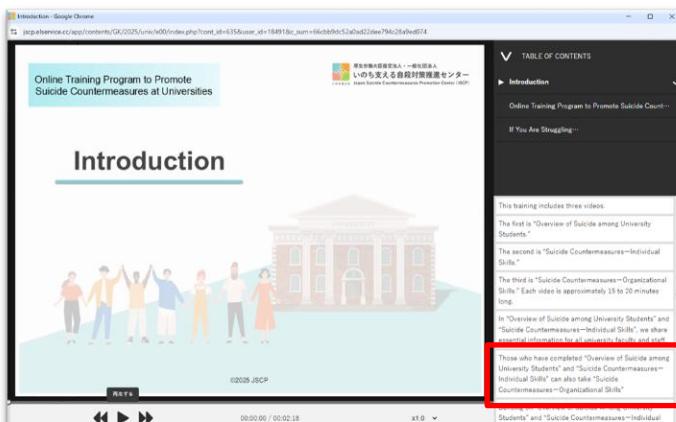
- Click on the titles to take the lectures, starting from "Introduction".
- Titles you have already completed will be marked with .
- Please proceed in order.
- You cannot proceed to the next lecture until you finish the current one.



3. Instructions for operating the training system

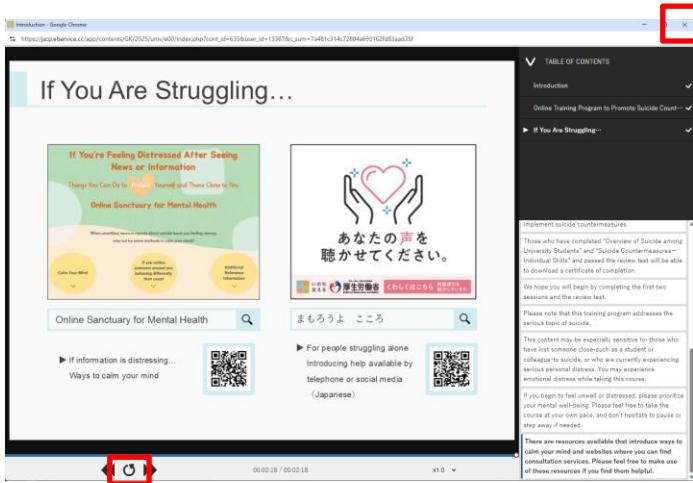


③ Click "Introduction" to display the screen on the left. Click the **▶ mark at the bottom-left** to play. The screen below will appear. If the subtitles do not appear next to the slides, please enlarge the window.



④ You can click on any subtitle line to return to that part of the video.

3. Instructions for operating the training system



⑤ When the video ends, the screen will stop. Select [X] in the upper-right corner to close the screen.

If you click on the  button, the same video will start playing. However, since you have completed the lecture, please select [X] in the upper-right corner to close the screen.

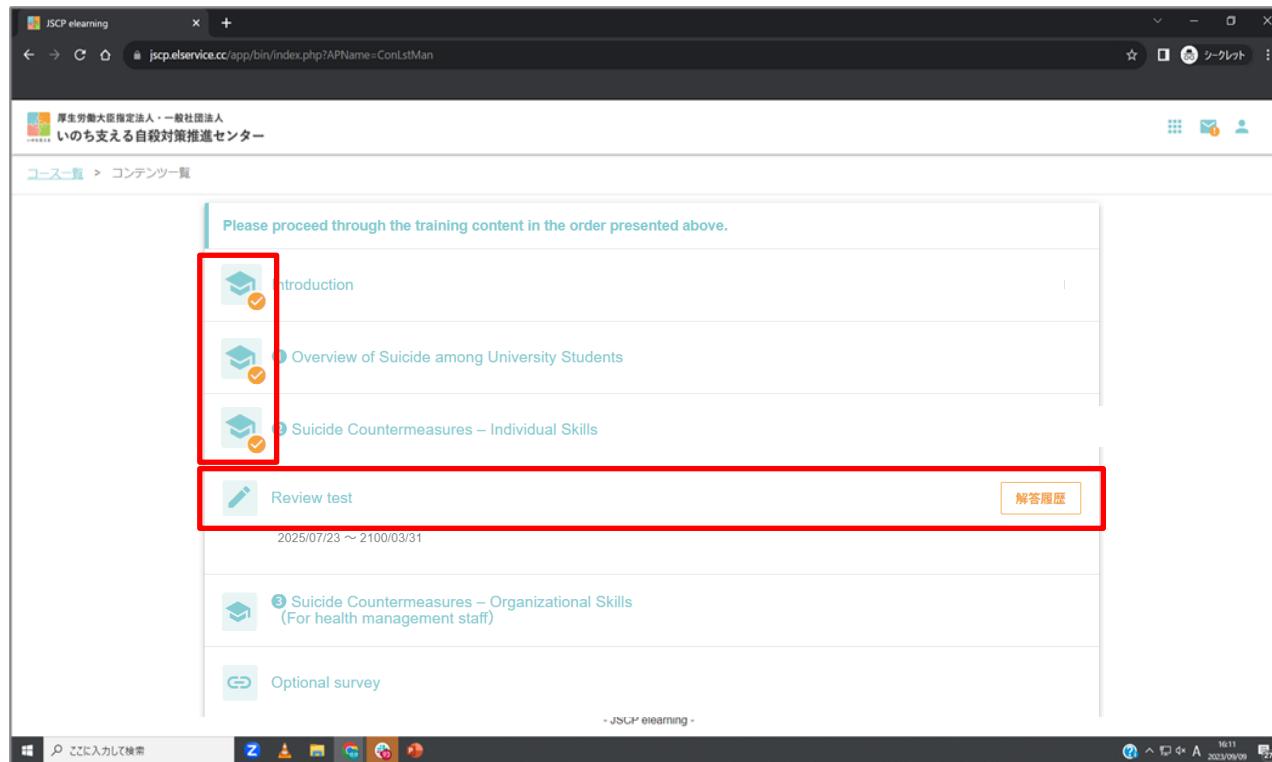
Please proceed through the training content in the order presented above.

 Introduction	2025/07/23 ~ 2100/03/31
 ① Overview of Suicide among University Students	2025/07/23 ~ 2100/03/31
 ② Suicide Countermeasures – Individual Skills	2025/07/23 ~ 2100/03/31

⑥ You can now select the next program content.

Select “① Overview of Suicide among University Students.”

3. Instructions for operating the training system



⑧ Completed contents will be marked with a in the lower-right of the button.

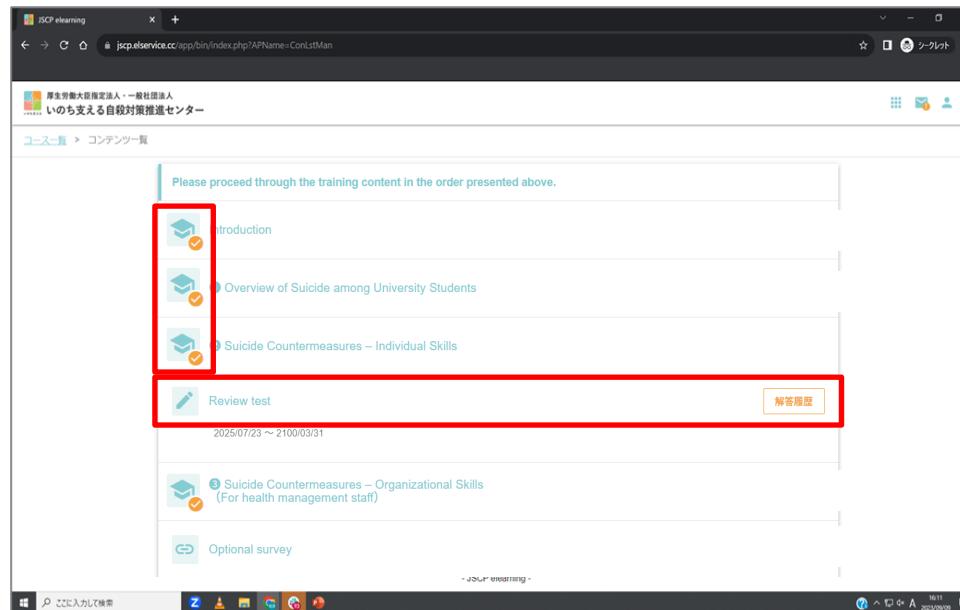
After taking the “① Overview of Suicide among University Students” and “② Suicide Countermeasures—Individual Skills lectures,” go to the **Review test**.



4. Instructions for taking review test

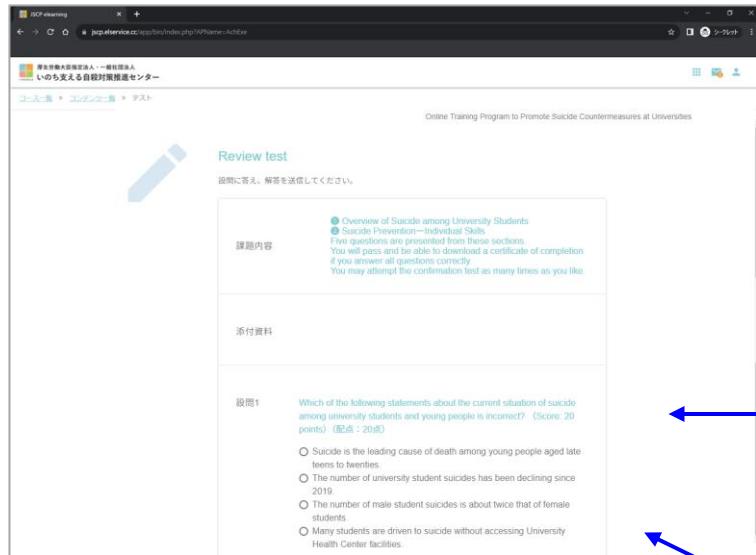
4. Instructions for taking review test

- ✓ You can take a review test after you have completed the "Introduction,"
"① Overview of Suicide among University Students" and
"② Suicide Countermeasures—Individual Skills" lectures.
- ✓ There are five questions in the review test.
- ✓ You will pass the test if you answer all five questions correctly.
- ✓ Once you have passed it, you will receive a certificate of completion.



4. Instructions for taking review test

- Just like selecting a lecture, click [Review test] on the screen. The questions will be displayed.



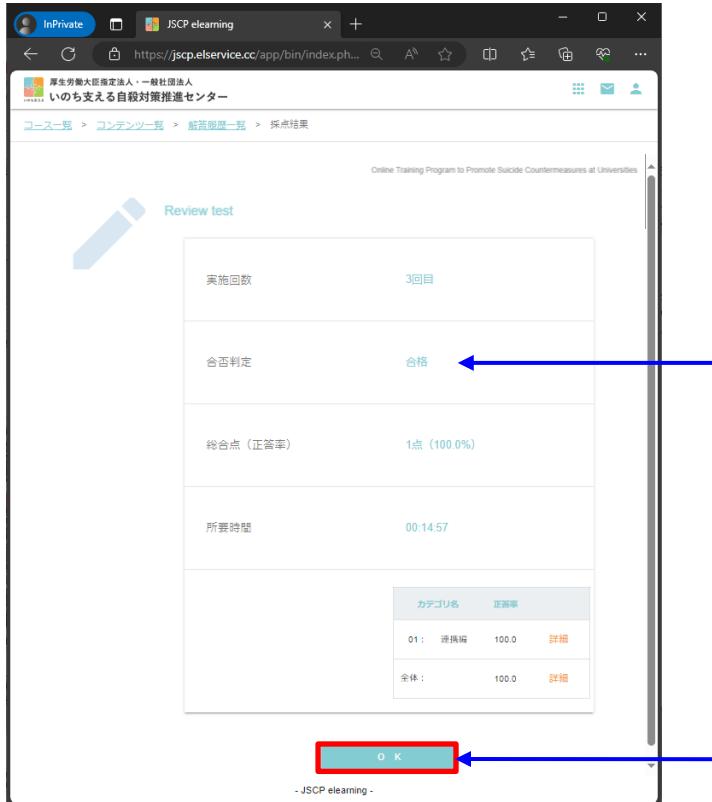
Question 1: The question will be displayed.

When you click an option, will change to .

After selecting your answers to the five questions, click [送信 (Submit)].

4. Instructions for taking review test

■ The Pass or Fail result will appear.



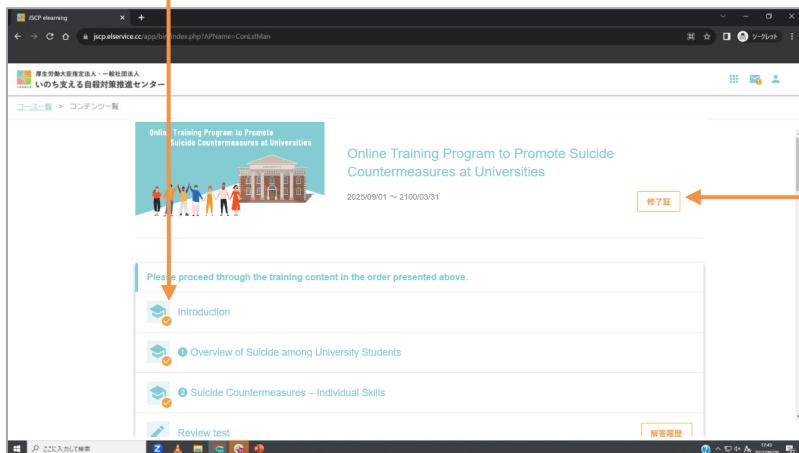
合否判定 (Pass/Fail): Pass or Fail will be displayed.

After confirming whether you passed or failed, click [OK].

- If you answer all five questions correctly, you will receive the  mark, meaning the review test is complete.
- ✖ If your answer is incorrect, there will be no  mark. Please try again.

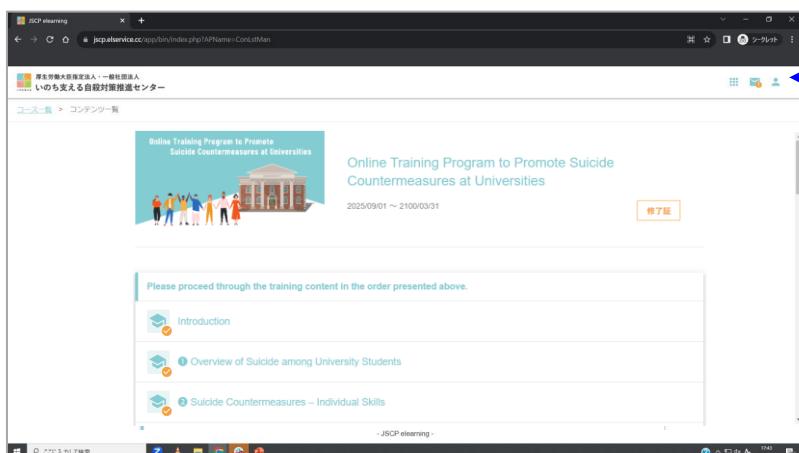
4. Instructions for taking review test

Once you have four  marks, you have completed the training program.



Certificate of completion

Click on "修了証 (Certificate of completion)" to display the certificate screen, where you can print or download the certificate.



Please finish (log out of) the e-learning training program.

4. Instructions for taking review test

Online Training Program to Promote Suicide Countermeasures at Universities

Online Training Program to Promote Suicide Countermeasures at Universities

2025/09/01 ~ 2100/03/31

Please proceed through the training content in the order presented above.

① Introduction

① Overview of Suicide among University Students

② Suicide Countermeasures – Individual Skills

Review test

③ Suicide Countermeasures – Organizational Skills (For health management staff)

Optional survey

PDF Documents

Introduction

① Overview of Suicide among University Students

② Suicide Countermeasures – Individual Skills

③ Suicide Countermeasures – Organizational Skills

Appendix

This page was partially translated using Copilot for Microsoft 365 (GPT-4 training data + Bing search results) .

“③ Suicide Countermeasures—Organizational Skills” is content intended for health management staff.

It can also be taken by university faculty and staff who want to learn more after they have taken

“① Overview of Suicide among University Students” and

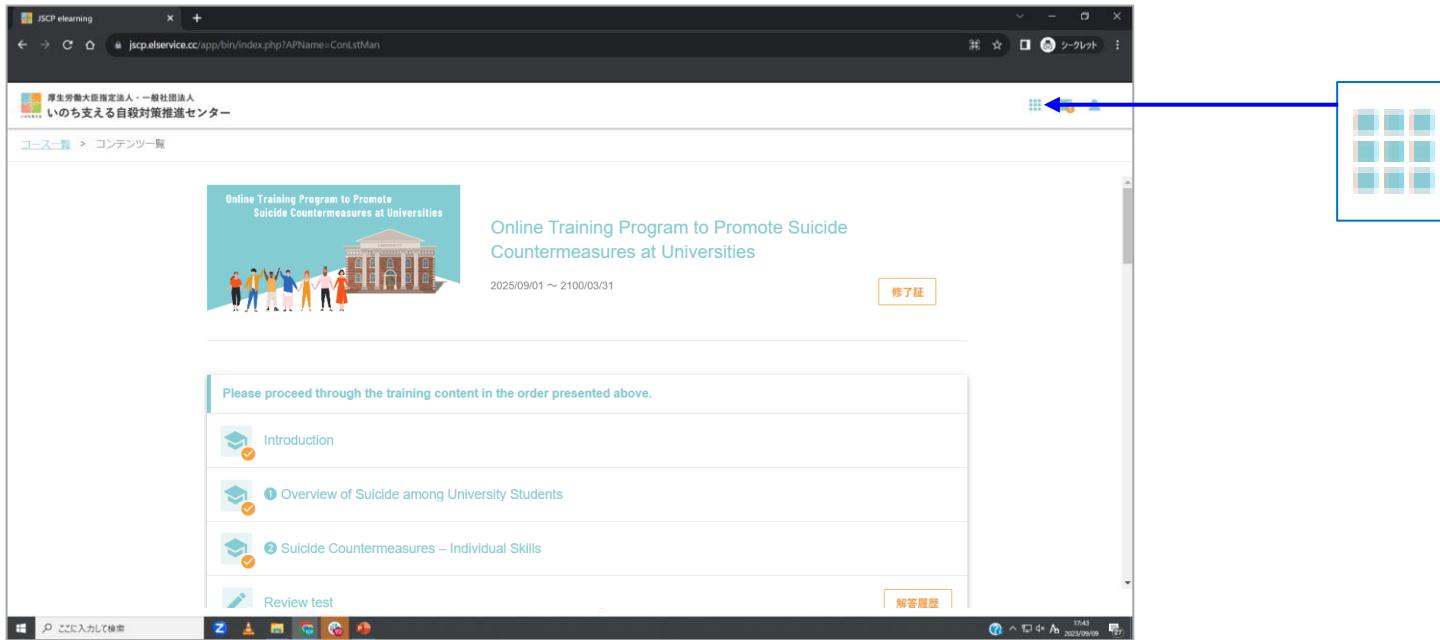
“② Suicide Countermeasures—Individual Skills”.

We would appreciate your cooperation in filling out an optional survey to help us improve our training.

These are PDF files containing training materials. Please read the precautions for use before using the materials.

5. Others

5. Others



▶ Select  in the upper-right corner of the screen to access the following functions.

(1) コース一覧 (Course list)

You can return to the screen just after logging in to the training screen.

(2) お問い合わせ (Contact)

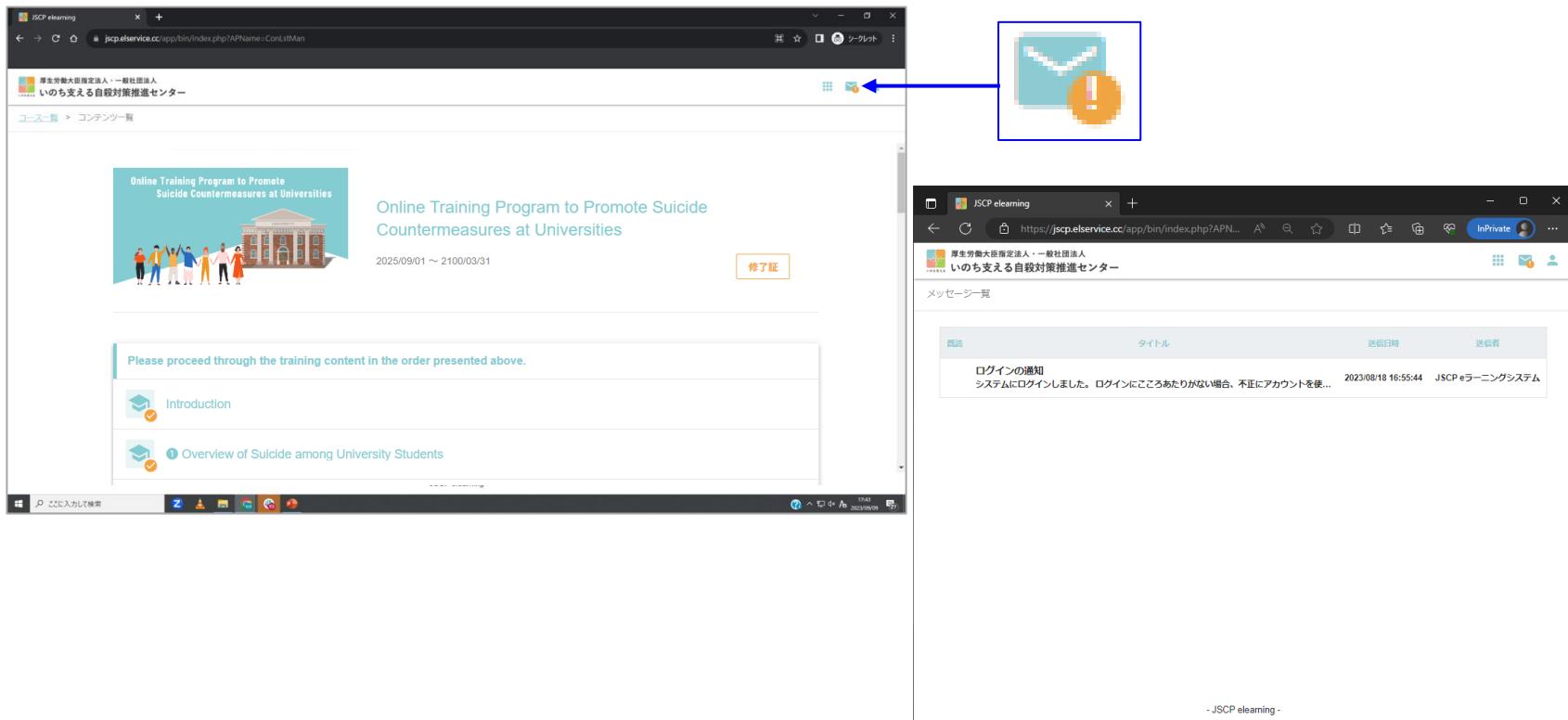
You can send questions about the e-learning system.

(Your questions will be sent to JSCP. The answers will be displayed on the screen just after logging in to the training screen. Answers can be automatically forwarded to your e-mail address. For details, refer to page 29.)

(3) 利用規約 (Terms of Use)

You can review the terms of use for the e-learning system.

5. Others



The image shows two screenshots of the JSCP eLearning platform. The left screenshot displays the main course page for 'Online Training Program to Promote Suicide Countermeasures at Universities'. The right screenshot shows a message list with one notification about a login attempt.

Left Screenshot (Course Page):

- Page title: Online Training Program to Promote Suicide Countermeasures at Universities
- Image: A group of diverse people standing in front of a university building.
- Date: 2025/09/01 ~ 2100/03/31
- Button: '修了証' (Completion Certificate)
- Text: 'Please proceed through the training content in the order presented above.'
- List:
 - Introduction
 - ① Overview of Suicide among University Students

Right Screenshot (Message List):

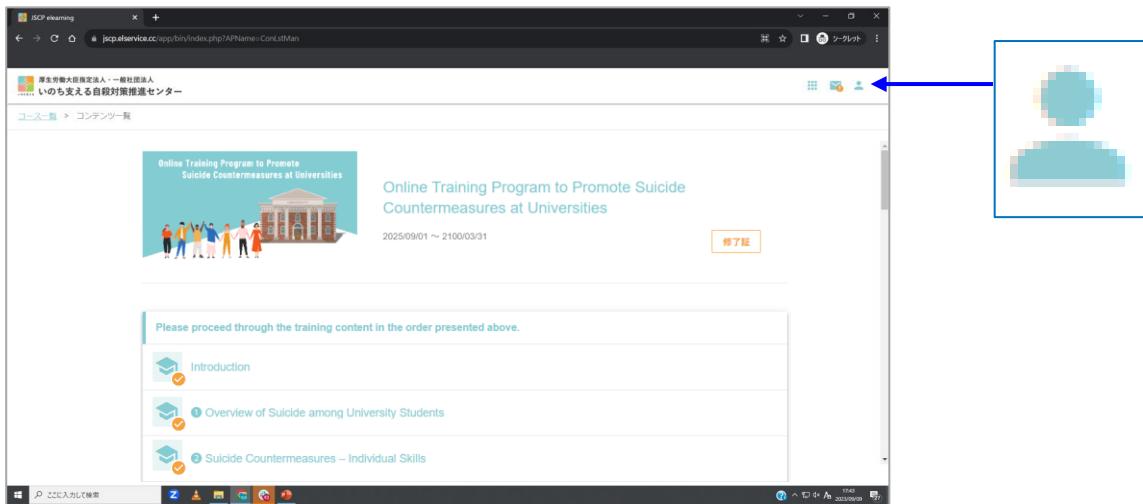
件名	タイトル	送信日時	送信者
ログインの通知	システムにログインしました。ログインにこころあたりがない場合、不正にアカウントを使...	2023/08/18 16:55:44	JSCP eラーニングシステム

- JSCP eLearning -

▶ Select  in the upper-right corner of the screen to access the following function.

メッセージ一覧 (Message list): You can check notifications about logging into the system and the details of your inquiries.

5. Others



▶ Select the user profile icon in the upper-right corner of the screen to access the following functions.

- (1) ユーザ名 (User name) : The user name you registered will appear at the top.
- (2) プロフィール編集 (Edit profile) : You can edit your profile.
- (3) ログアウト (Logout) : You can finish (log out of) the e-learning training program.

5. Others

Profile editing example

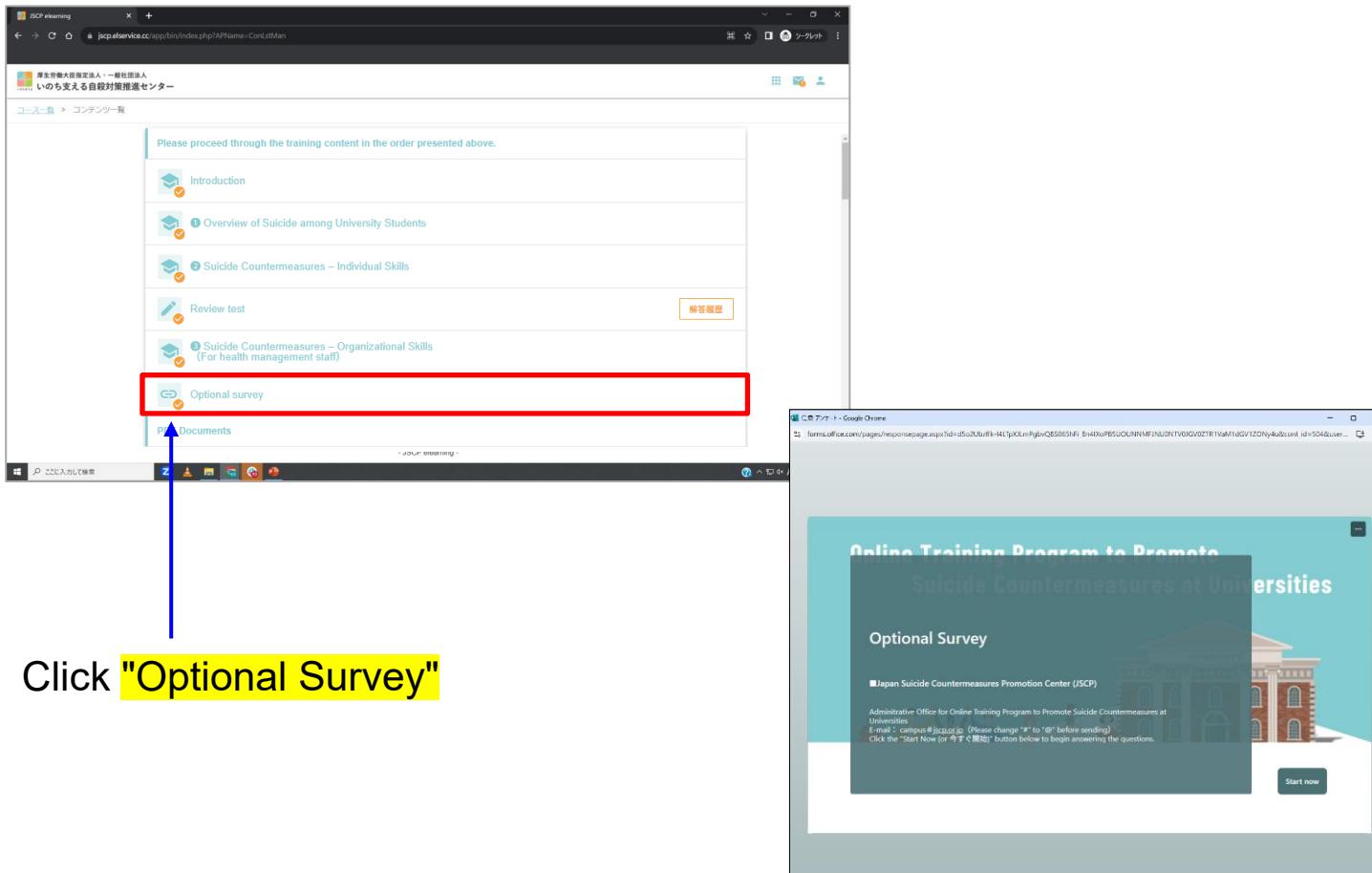
You can edit various information on the プロフィール編集 (Edit profile) screen.

The screenshot shows the 'Edit profile' screen with the following fields and sections:

- 基本情報 (Basic Information):**
 - ユーザID: InochiSasaeru
 - パスワード: (Input field)
 - 確認のため、パスワードをもう一度入力してください。 (Text)
 - ユーザ名 (必須): いのち支える
 - ユーザ名 (よみがな) (必須): いのちささえる
 - パスワード再発行用メールアドレス: (Input field) [更新]
 - 現在の登録 (登録なし)
 - メールアドレス: (Input field) [更新]
 - 現在の登録 (登録なし)
 - 使用言語: 日本語
 - 年月日表示: yyyy/mm/dd
- 所属グループ (Affiliation Group):**
 - 追加: 例 010101
 - 千代田区: 削除
 - 東京都: 削除
- 勤務先 (Workplace):**
 - 例いのち支える自殺対策推進センター
- 属性 (Attributes):**
 - 医師
 - 歯科医師
 - 教員・教職員
 - 保健士・看護師・准看護師
 - 児童相談所等を含む福祉保健局
 - その他: 例 地方団体職員
- 機能など (Functions):**
 - メッセージのメール転送:
 - 転送しない
 - 転送する
 - 二段階認証:
 - 設定する
- 更新 (Update) button**

This system forwards content updates and answers to your questions to your e-mail address. If you would like to receive those, please click "転送する (Forward)."

5. Others * Request for cooperation with our optional survey



The image shows two screenshots. The left screenshot is a web browser window titled 'SCP learning' with the URL 'jscp.eservice.cc/app/bir/index.php?APName=ConListMan'. It displays a list of training modules: 'Introduction', 'Overview of Suicide among University Students', 'Suicide Countermeasures – Individual Skills', 'Review test', 'Suicide Countermeasures – Organizational Skills (For health management staff)', and 'Optional survey'. The 'Optional survey' item is highlighted with a red box and a blue arrow pointing to it from the text 'Click "Optional Survey"' below the screenshot. The right screenshot is a Google Chrome window titled 'forms.office.com/pagm/responsepage.aspx?id=...'. It shows the 'Optional Survey' page for the 'Online Training Program to Promote Suicide Countermeasures at Universities'. The page includes contact information for the Japan Suicide Countermeasures Promotion Center (JSCP) and a 'Start now' button.

Click "Optional Survey"

- ▶ To improve future training, we would appreciate your cooperation in filling out an optional survey (takes about five minutes).

6. Forget ID or password?

6. Forget ID or password

If you forgot your ID

Your ID is the e-mail address you registered.

→ Slide 8

If you forgot your password

You can reissue your password from “パスワードを忘れた方 (Forgot your password?)” on the login page.

The e-mail address used for re-issuing a password is the same as your user ID.

E-mail address is the same as your user ID.

7. Bookmarking

7. Bookmarking

- * When bookmarking, be sure to use the following QR code or URL.

<URL>

https://jscp.elservice.cc/contents/JSCP_CampusTopen.html



Please note that you will not be able to access the training program even if you bookmark the URL after logging in or out.



Japan Suicide Countermeasures Promotion Center