

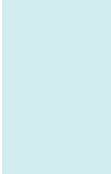
JSCP Online Training Program to Promote Suicide Countermeasures at Universities Lecture Attendance and Access Manual

To create a society where no one is driven to suicide

January 20th, 2026_Ver. 2.0

Japan Suicide Countermeasures Promotion Center

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1. Connecting to the training program website for university faculty and staff

The training program for university faculty and staff is provided in an e-learning system by Japan Suicide Countermeasures Promotion Center (JSCP).

To take the program, connect to the Internet and follow the steps on the subsequent pages.

You can take the program on your PC, smartphone, or tablet.

1. Connecting to the training program website for university faculty and staff

- ① To connect to the Internet from your computer, start one of the following web browsers.



Microsoft Edge




Google Chrome

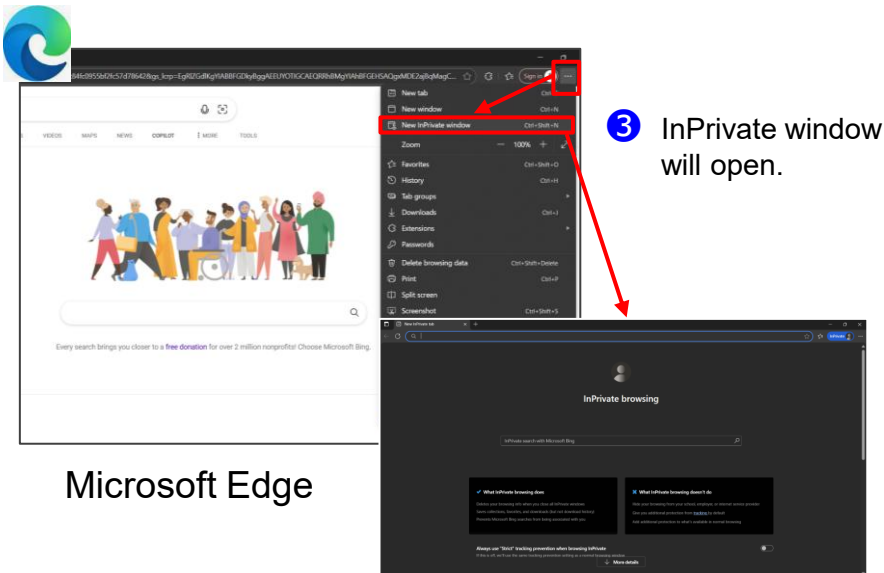
- ② Referring to the screen below, start the operation **using a function that does not leave a history in the web browser.**

(This is necessary to prevent your ID and password from being saved on your computer.)

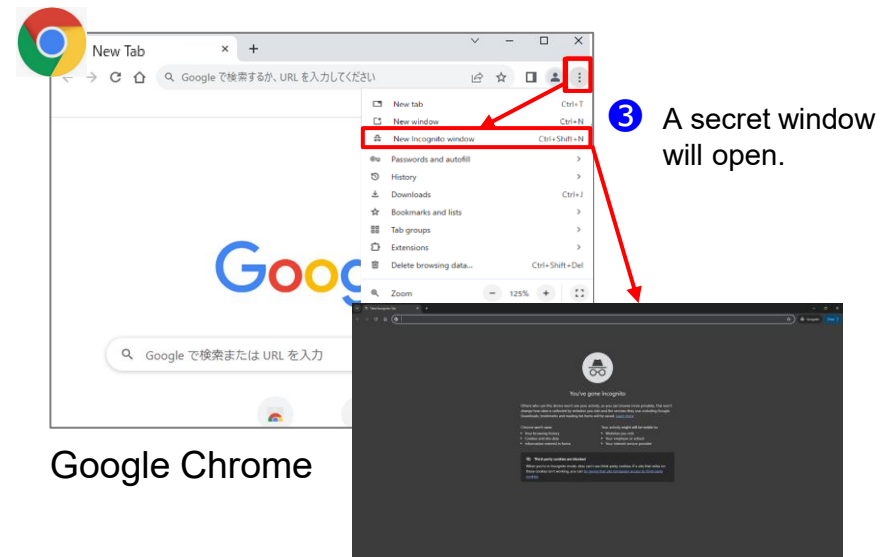
[NOTE] (1) If you cannot open the following web browser, please check with your organization's Systems and IT Management Team.
(2) You can also use a standard web browser. After completing the program, please follow the instructions in slide 28 (3) Logout.

 Microsoft Edge: Select **【新しいInPrivateウィンドウ(New InPrivate Window)】** from the three dots in the upper-right corner.

 Google Chrome: Select **【新しいシークレットウィンドウ(New Incognito Window)】** from the three dots in the upper-right corner.



Microsoft Edge



Google Chrome

1. Connecting to the training program website for university faculty and staff

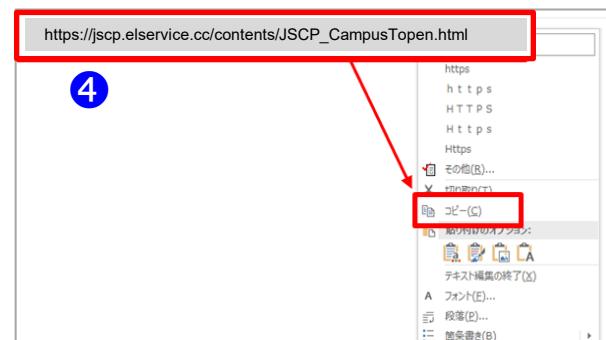
- ④ Place your cursor on the URL below, select the range, **right-click**, and select "**Copy**."

https://jscp.elservice.cc/contents/JSCP_CampusTopen.html

This URL is the entry point for this training.

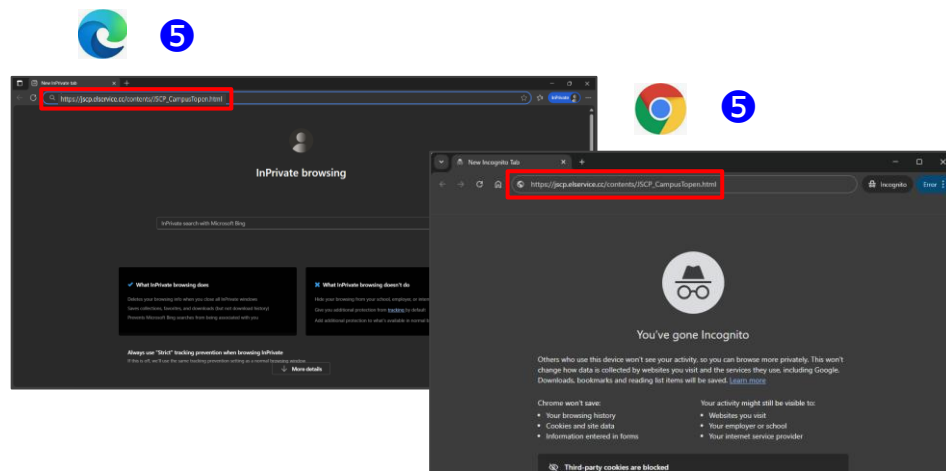
If you use a different URL, you may not be able to register or log in properly.

* Please bookmark the above URL.

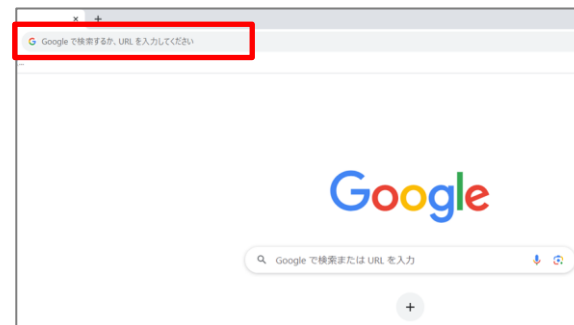


- ⑤ In the red-framed area of the "InPrivate window" or "secret window," **right-click** and select **[Paste]**.

Check that https://jscp.elservice.cc/contents/JSCP_CampusTopen.html is entered and press the **ENTER** key.



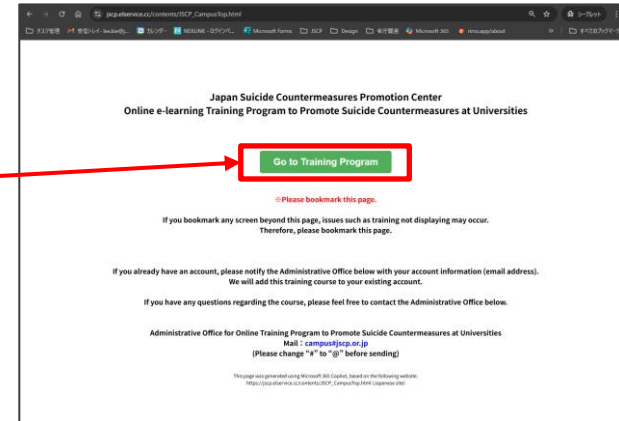
Standard browser window



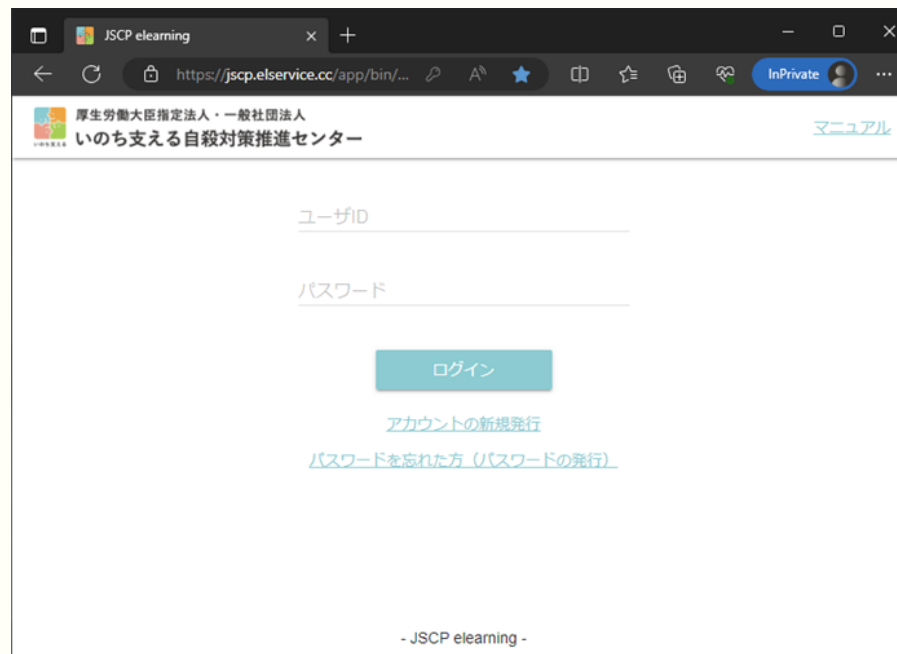
1. Connecting to training program website for university faculty and staff

⑥ Select

[Go to Training Program] .



The ログイン (Login) screen for "Training Program for University Faculty and Staff" will be displayed.





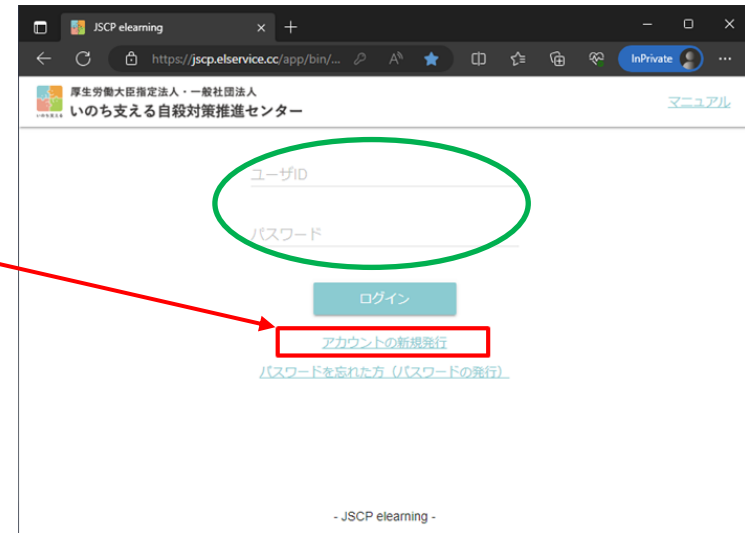
2. Registration for training

Registration with an e-mail address

2. Registration for training

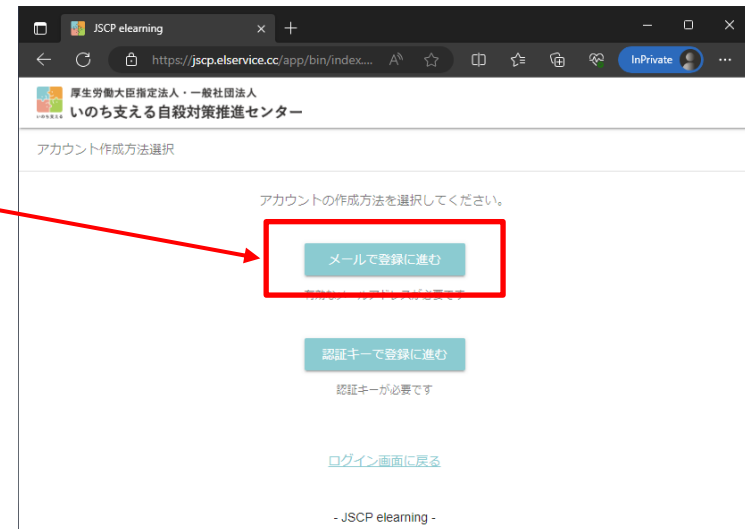
- 1 Select [アカウントの新規発行 (Create a new account)] on the login screen.

After completing your initial registration (and to watch lectures again), proceed using the fields in the green circle.



- 2 Select [メールで登録に進む (Register with e-mail)].

*For security reasons, please register your personal e-mail address rather than a shared address.



2. Registration for training

- ③ After entering your e-mail address, select [メール送信 (Send e-mail)].

*The e-mail address you register here will be your user ID.



The screenshot shows a web browser window with the URL <https://jscp.elsevier.cc/app/bin/index...>. The page title is "厚生労働大臣指定法人・一般社団法人 いのち支える自殺対策推進センター". The main heading is "ワンタイムコード送信". Below the heading, there is a text prompt: "メールアドレス宛にコードを送ります。次の画面でコードの入力が必要です。" (We will send the code to the email address. You will need to enter the code on the next screen.). There is an input field labeled "メールアドレス" (Email address). Below the input field, there are two buttons: "メール送信" (Send e-mail) and "キャンセル" (Cancel). The "メール送信" button is highlighted with a red rectangle. A red arrow points from the text in step 3 to this button.

- ④ A screen for entering the one-time code will be displayed.
A one-time code issuance e-mail has been sent to your e-mail address.
Please check your e-mail inbox.
See the next page for an example e-mail.



The screenshot shows the same web browser window as the previous one, but the page title is "ワンタイムコード入力" (One-time code input). The text prompt is: "メールに記載されたコードを入力してください。" (Please enter the code written in the email.). There is an input field labeled "コード" (Code). Below the input field, there are two buttons: "次へ" (Next) and "キャンセル" (Cancel).

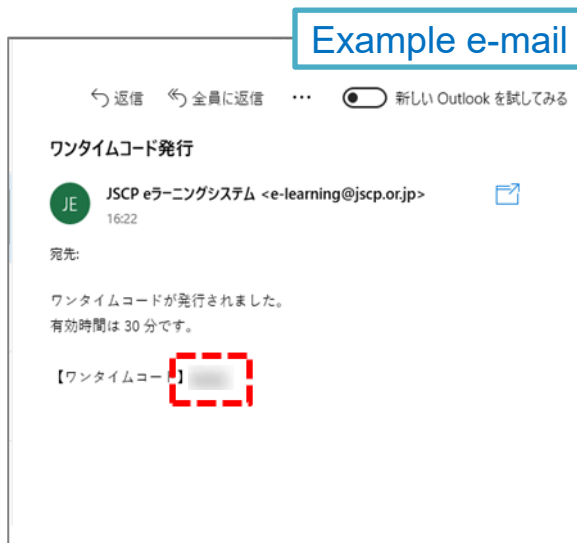
*Depending on your e-mail system, our e-mail may be sorted into your spam folder. If you cannot find our e-mail, please also check your spam folder.

2. Registration for training



Depending on your e-mail software, the e-mail may be classified as "junk mail" as shown in the figure above. If the e-mail is received normally, the display will be as shown in the figure below. (This is not junk mail.)

- ⑤ Select the one-time code (four digits) and select "Copy" from the right-click menu.



2. Registration for training

- ⑥ Enter the code sent to your e-mail address in the "ワンタイムコード入力 (One-time code entry)" screen (④).

ワンタイムコード入力

メールに記載されたコードを入力してください。

コード

次へ キャンセル

- JSCP elearning -

- ⑦ Here, you can set a password for logging in. Enter your desired password, re-enter the same password in the field below for confirmation, and select [次へ (Next)]. Set a **password** that is **at least 8 alpha-numeric characters** long.

アカウント登録

希望するパスワードを入力してください。

使用できる文字は 半角英数字 と ! # \$ % & ' * + - = ? ^ _ { | } ~ @

ユーザID

パスワード

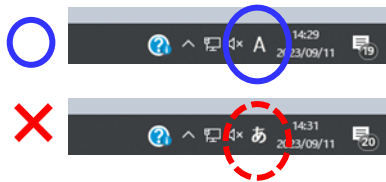
パスワード (確認)

次へ

ログイン画面に戻る

- JSCP elearning -

Enter the password with "A" shown as the language displayed in the taskbar at the bottom right of the screen, not the Japanese character "あ."



2. Registration for training

- ⑧ A confirmation screen will appear. Select [登録 (Register)].



2. Registration for training

9 Enter your information.

Red text (1)(2)(4)(5) indicates required information.

Blue text (3) is not required.

- (1) ユーザ名 (User name)
(* will be displayed on the certificate of completion)
(Enter your name)
- (2) ユーザ名 (よみがな)
(User name (pronunciation))
(Enter the pronunciation of your name)
- (3) グループ参加キー (Group participation key)
* Do not enter anything.
- (4) 勤務先 (Place of employment)
(Enter the name of your university)
- (5) 属性 (Job type)
Check or enter your job type.
Example: ☒ その他 (Other)
(Health Management Department staff), etc.

Once you have entered all the information,
select [登録 (Register)].

- 10 A confirmation screen will appear. Please
double-check and select [登録 (Register)].

The image displays two screenshots of the JSCP elearning registration process. The first screenshot shows the initial registration form with the following fields and labels:

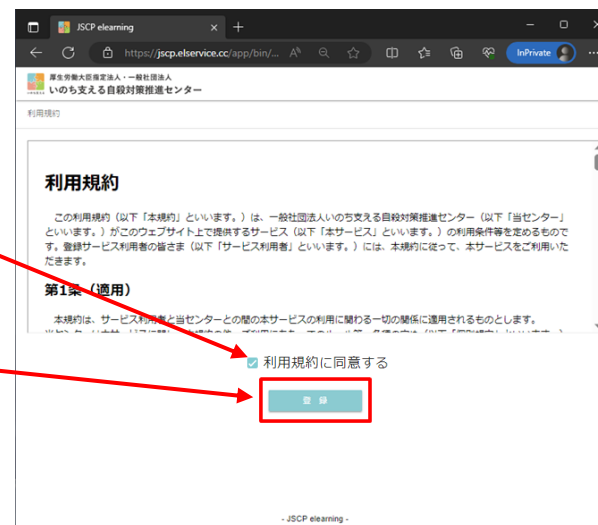
- ユーザ名 (1) ユーザ名 必須: いのち太郎
- ユーザ名 (よみがな) (2) ユーザ名 (よみがな) 必須: いのちたろう
- グループ参加キー (3):
- 勤務先 (4): 一般社団法人いのち支える自殺対策推進センター
- 属性 (5):
 - ☐ 医師
 - ☐ 歯科医師
 - ☐ 教員・教職員
 - ☐ 保健士・看護師・准看護師
 - ☐ 児童相談所等を含む福祉保健局
 - ☒ その他 例 地方団体職員

The '登録' (Register) button is highlighted with a red box. The second screenshot shows the confirmation screen with the same fields and a '登録' (Register) button highlighted with a red box.

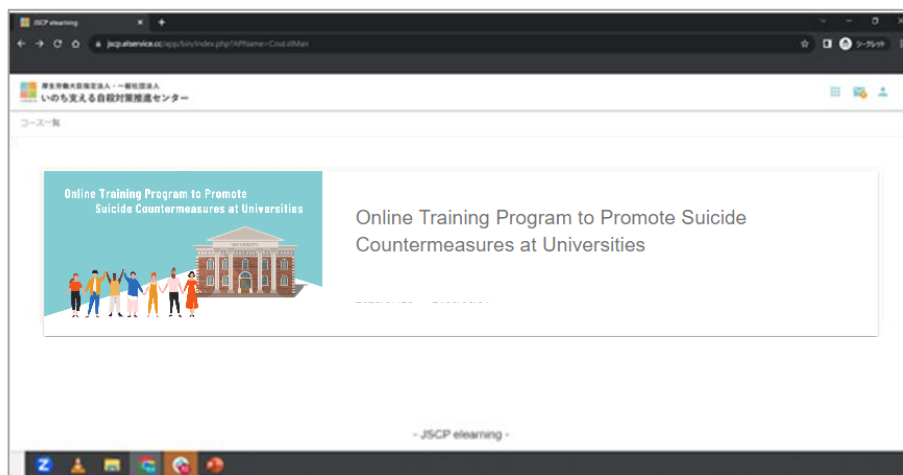
Confirmation screen →

2. Registration for training

- ⑪ 利用規約 (Terms of Use) will be displayed.
After reading, check [利用規約に同意する
(I agree to the Terms of Use)]
and select [登録 (Register)].

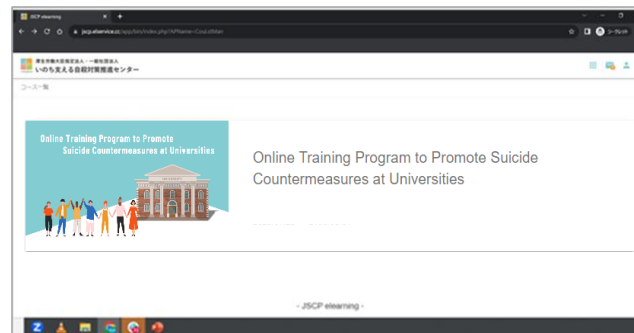


- ⑫ The "Online Training Program to Promote Suicide Countermeasures at Universities" start screen will appear.

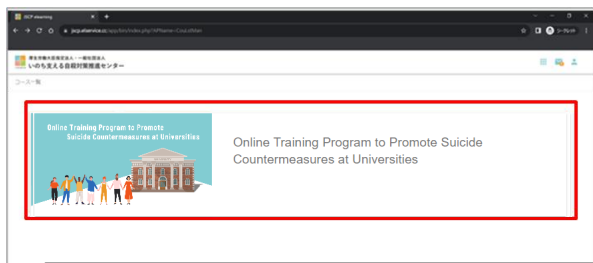


Please refer to page 14 for an explanation of the training screen.

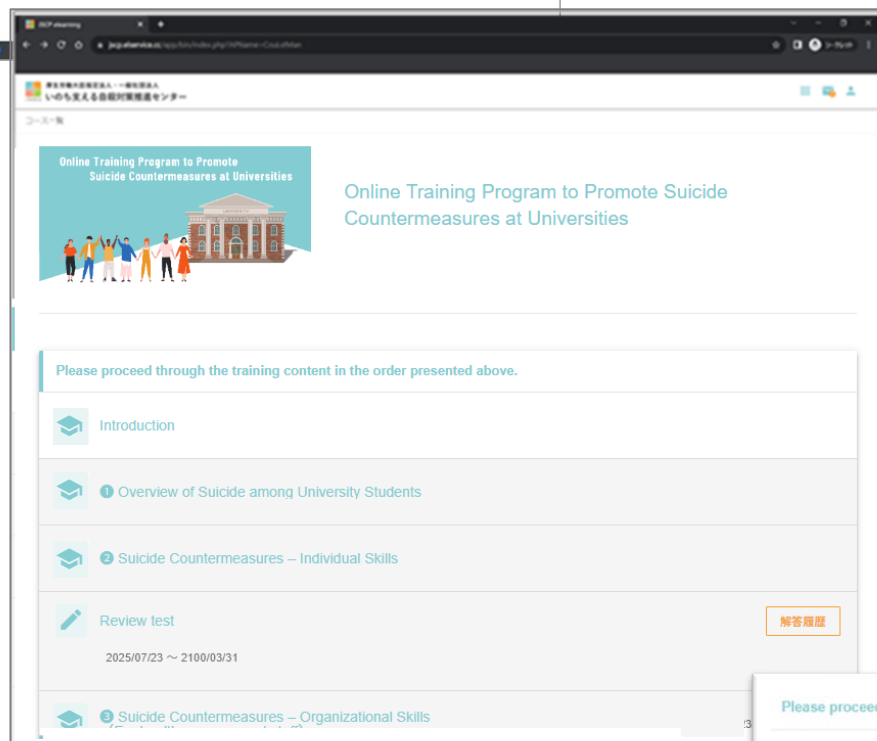
3. Instructions for operating the training system




3. Instructions for operating the training system

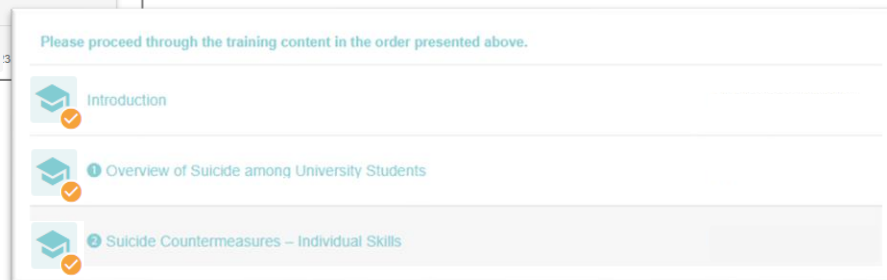


① Select "Online Training Program to Promote Suicide Countermeasures at Universities".

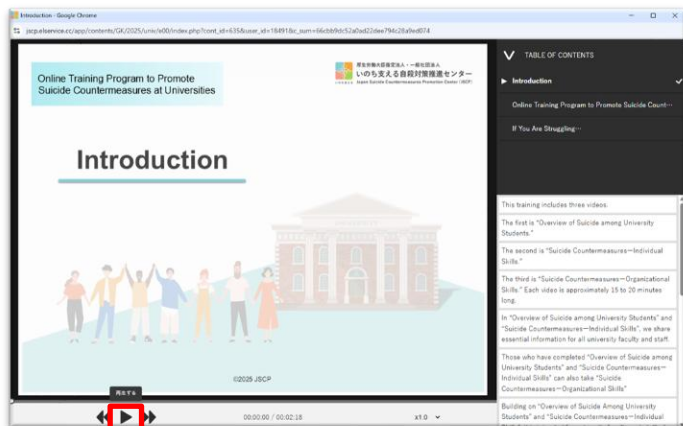


② The program content will be displayed.

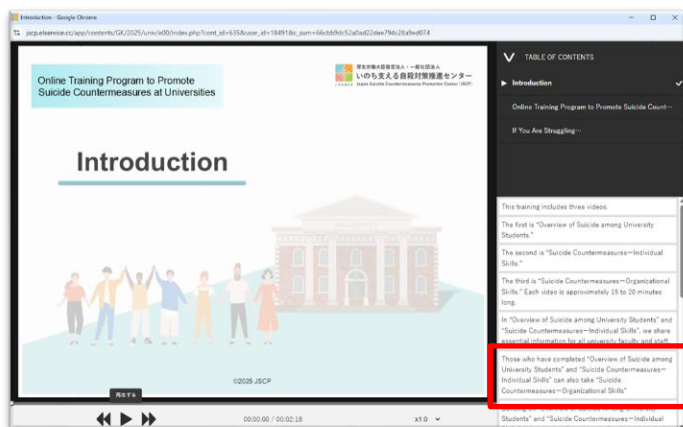
- Click on the titles to take the lectures, starting from "Introduction".
- Titles you have already completed will be marked with .
- Please proceed in order.
- You cannot proceed to the next lecture until you finish the current one.



3. Instructions for operating the training system

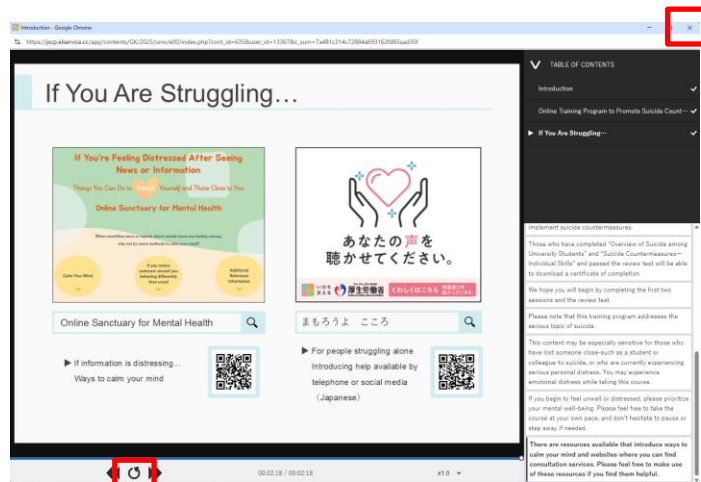


- 3 Click "Introduction" to display the screen on the left. Click the ► mark at the bottom-left to play. The screen below will appear. If the subtitles do not appear next to the slides, please enlarge the window.




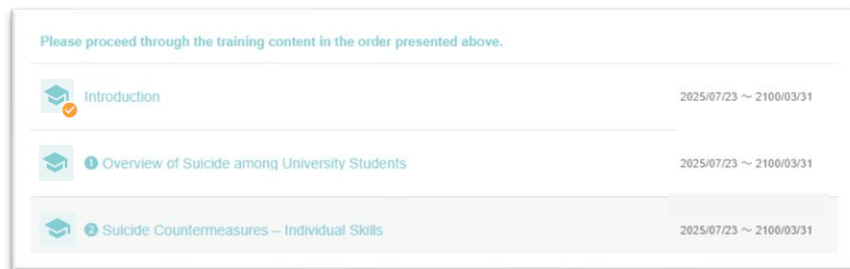
- 4 You can click on any subtitle line to return to that part of the video.

3. Instructions for operating the training system



- 5 When the video ends, the screen will stop. Select [X] in the upper-right corner to close the screen.

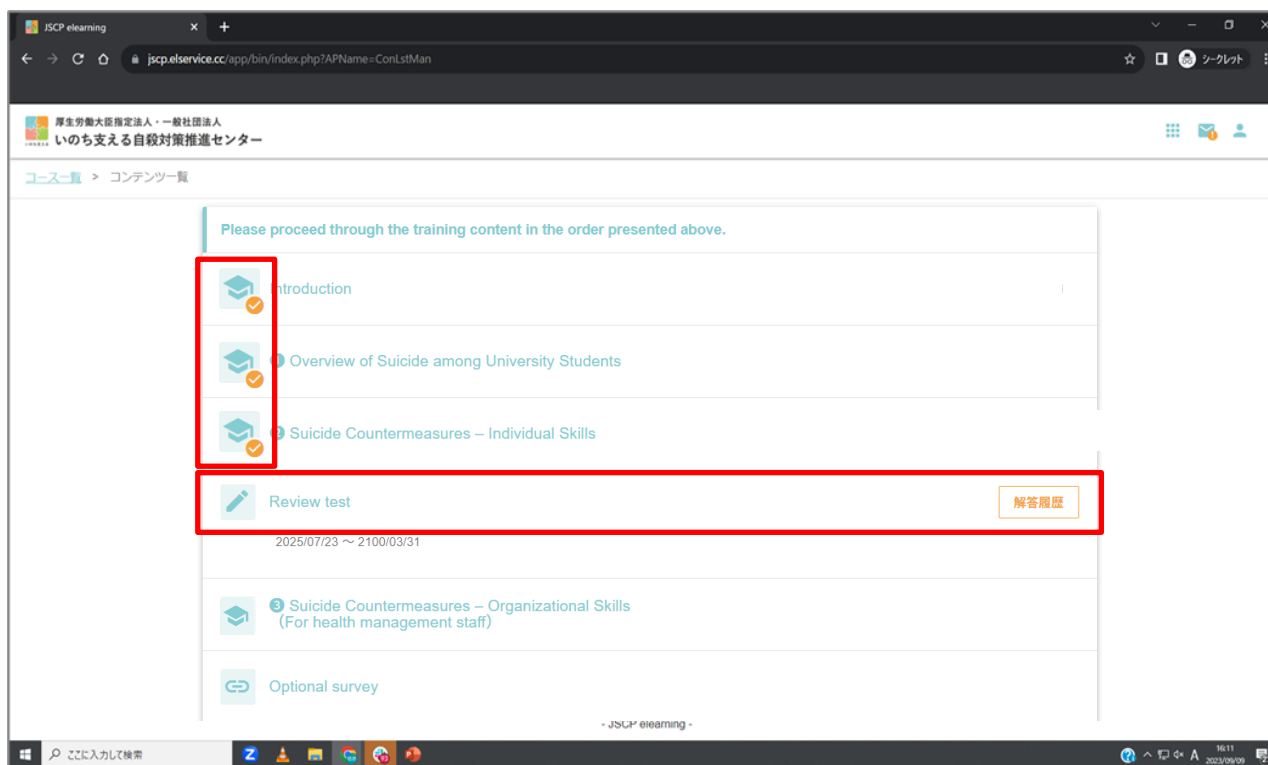
If you click on the  button, the same video will start playing. However, since you have completed the lecture, please select [X] in the upper-right corner to close the screen.



- 6 You can now select the next program content.

Select “1 Overview of Suicide among University Students.”

3. Instructions for operating the training system



- ⑧ Completed contents will be marked with a ✓ in the lower-right of the button.

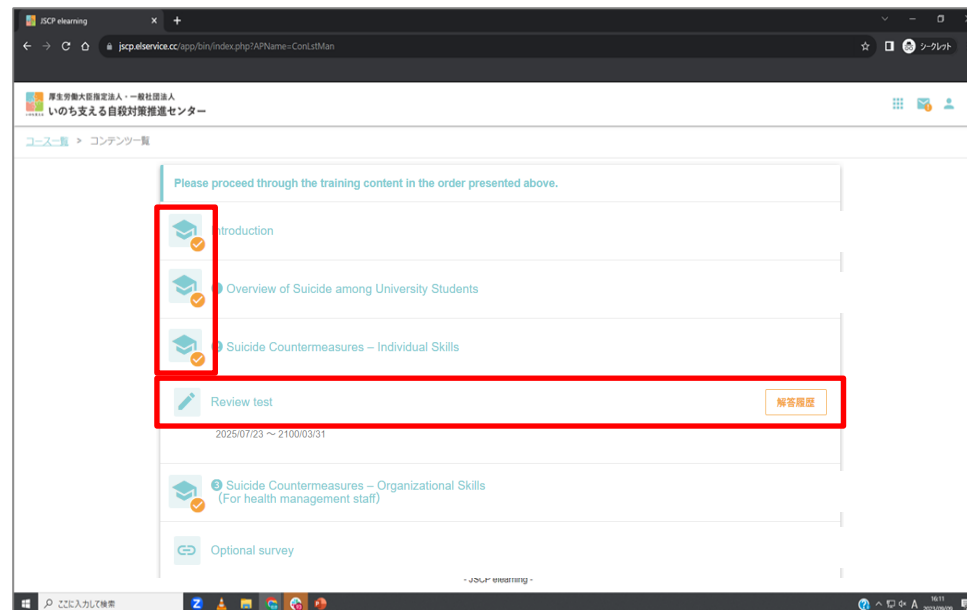
After taking the “① Overview of Suicide among University Students” and “② Suicide Countermeasures—Individual Skills lectures,” go to the **Review test**.



4. Instructions for taking review test

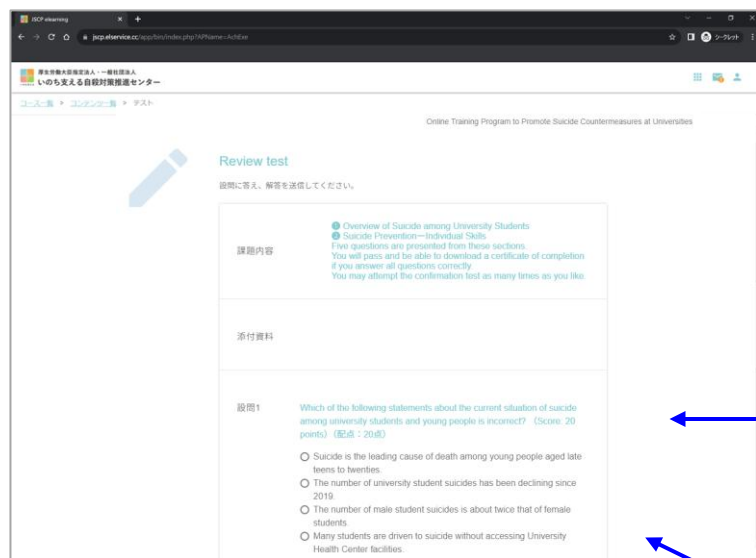
4. Instructions for taking review test

- ✓ You can take a review test after you have completed the "Introduction,"
"① Overview of Suicide among University Students" and
"② Suicide Countermeasures—Individual Skills" lectures.
- ✓ There are five questions in the review test.
- ✓ You will pass the test if you answer all five questions correctly.
- ✓ Once you have passed it, you will receive a certificate of completion.



4. Instructions for taking review test

- Just like selecting a lecture, click [Review test] on the screen. The questions will be displayed.



Question 1: The question will be displayed.

When you click an option, ○ will change to ● .
After selecting your answers to the five questions, click [送信 (Submit)].

4. Instructions for taking review test

■ The Pass or Fail result will appear.

Review test

実施回数	3回目
可否判定	合格
総合点 (正答率)	1点 (100.0%)
所要時間	00:14:57

カテゴリー名	正答率
01: 選抜編	100.0
全体	100.0

OK

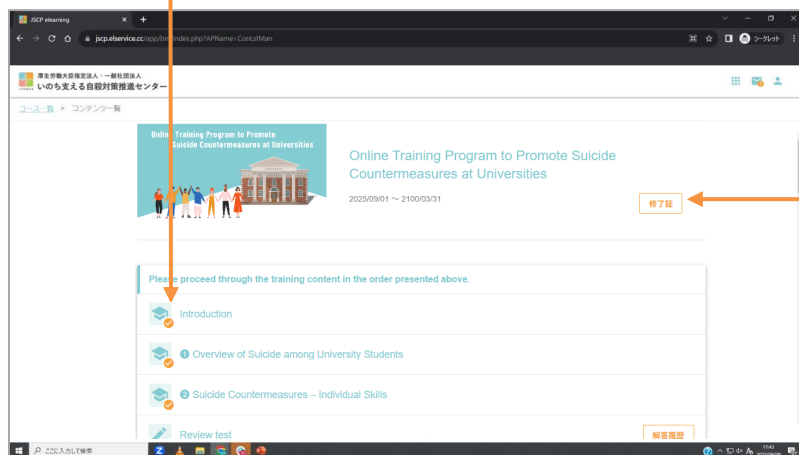
可否判定 (Pass/Fail): Pass or Fail will be displayed.

After confirming whether you passed or failed, click [OK].

- If you answer all five questions correctly, you will receive the mark, meaning the review test is complete.
- ✗ If your answer is incorrect, there will be no mark. Please try again.

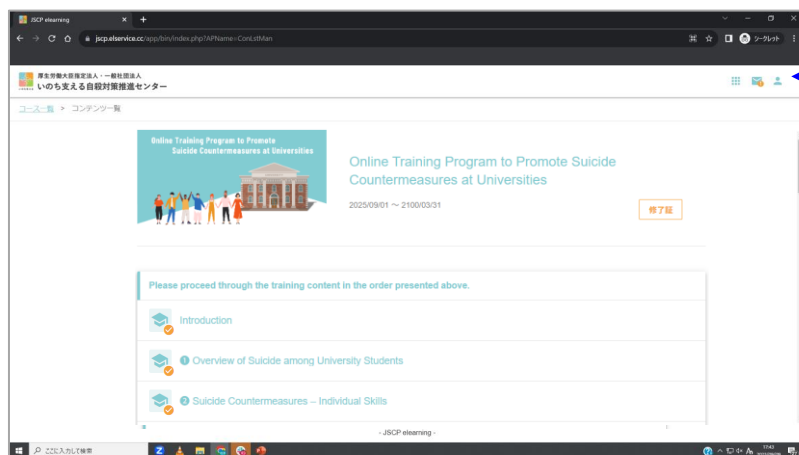
4. Instructions for taking review test

Once you have four  marks, you have completed the training program.



Certificate of completion

Click on "修了証 (Certificate of completion)" to display the certificate screen, where you can print or download the certificate.



Please finish (log out of) the e-learning training program.

4. Instructions for taking review test

Online Training Program to Promote Suicide Countermeasures at Universities

2025/09/01 ~ 2100/03/31

終了証

Please proceed through the training content in the order presented above.

- Introduction
- ① Overview of Suicide among University Students
- ② Suicide Countermeasures – Individual Skills
- Review test
- ③ Suicide Countermeasures – Organizational Skills (For health management staff)

解答履歴

Optional survey

PDF Documents

- Introduction
- ① Overview of Suicide among University Students
- ② Suicide Countermeasures – Individual Skills
- ③ Suicide Countermeasures – Organizational Skills
- Appendix

This page was partially translated using Copilot for Microsoft 365 (GPT-4 training data + Bing search results) .

“③ Suicide Countermeasures—Organizational Skills” is content intended for health management staff.

It can also be taken by university faculty and staff who want to learn more after they have taken

“① Overview of Suicide among University Students” and

“② Suicide Countermeasures—Individual Skills”.

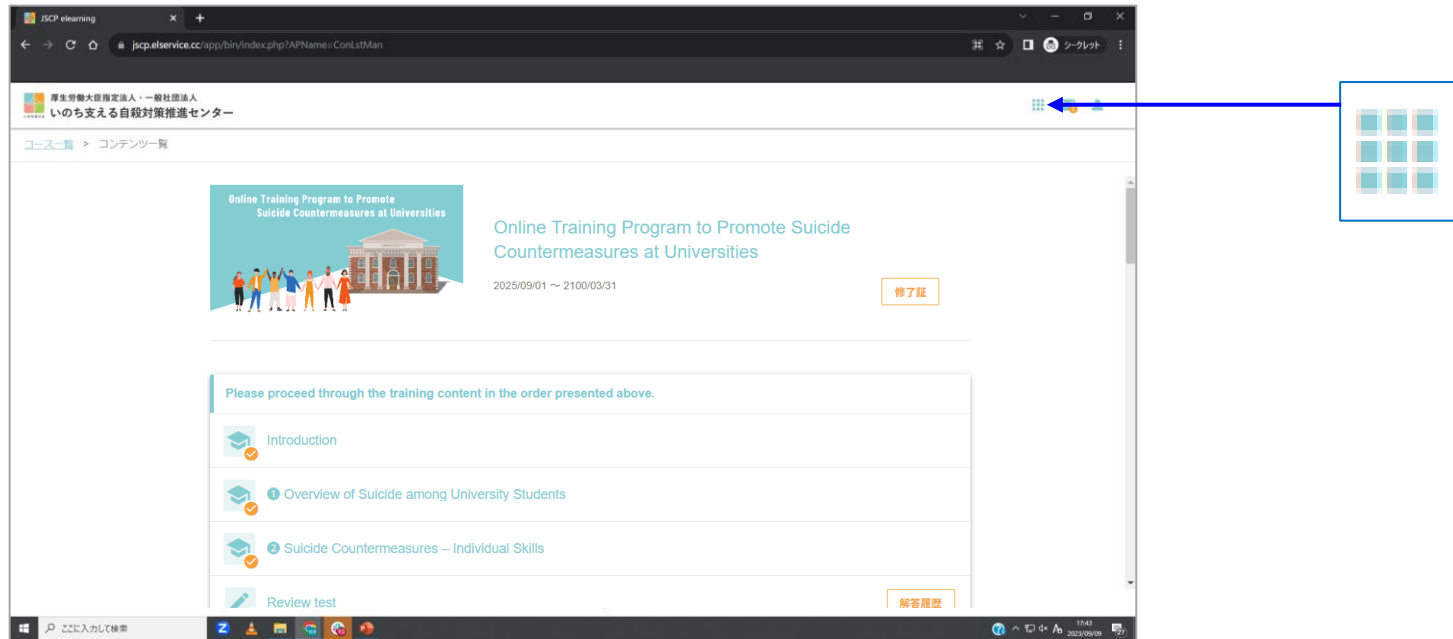
We would appreciate your cooperation in filling out an optional survey to help us improve our training.

These are PDF files containing training materials. Please read the precautions for use before using the materials.



5. Others

5. Others



▶ Select  in the upper-right corner of the screen to access the following functions.

(1) コース一覧 (Course list)

You can return to the screen just after logging in to the training screen.

(2) お問い合わせ (Contact)

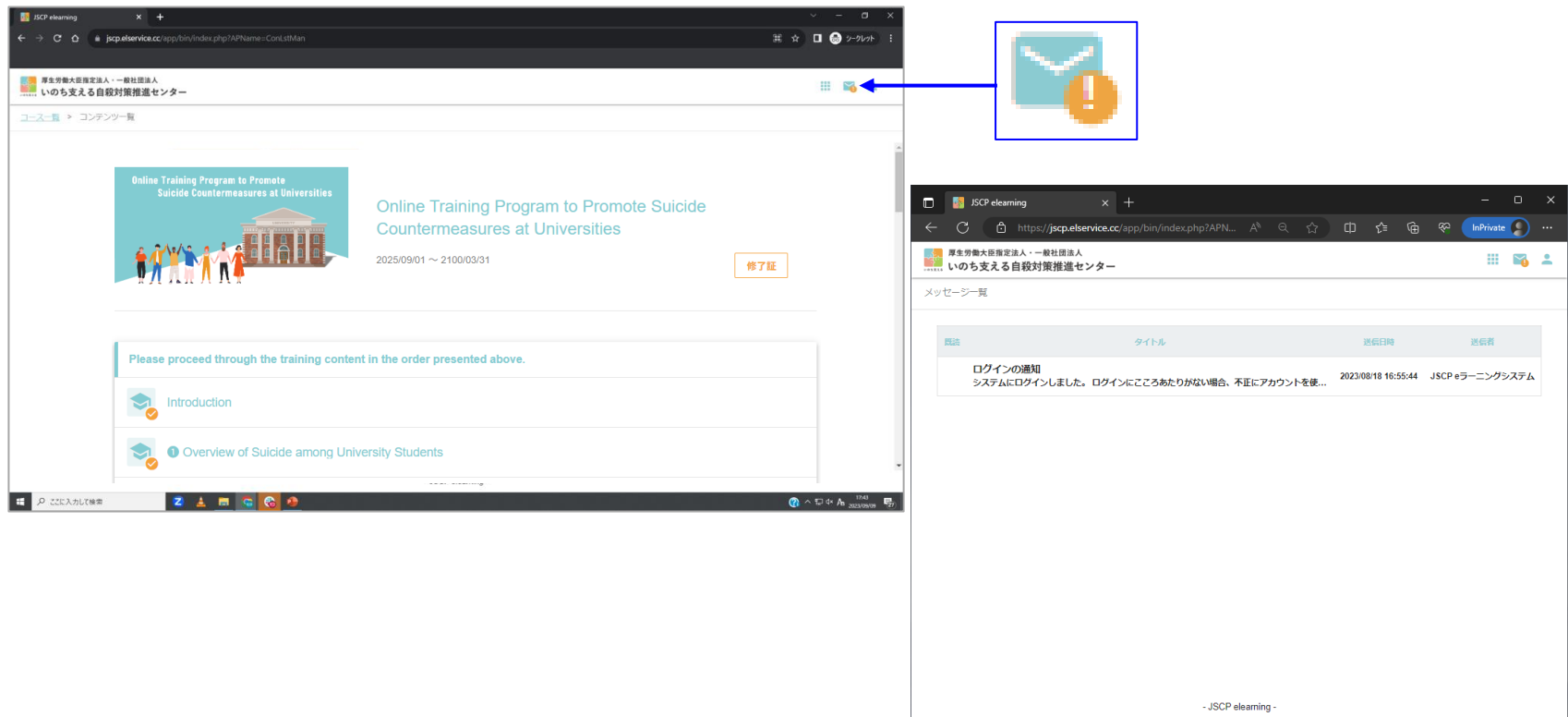
You can send questions about the e-learning system.


(Your questions will be sent to JSCP. The answers will be displayed on the screen just after logging in to the training screen. Answers can be automatically forwarded to your e-mail address. For details, refer to page 29.)

(3) 利用規約 (Terms of Use)

You can review the terms of use for the e-learning system.

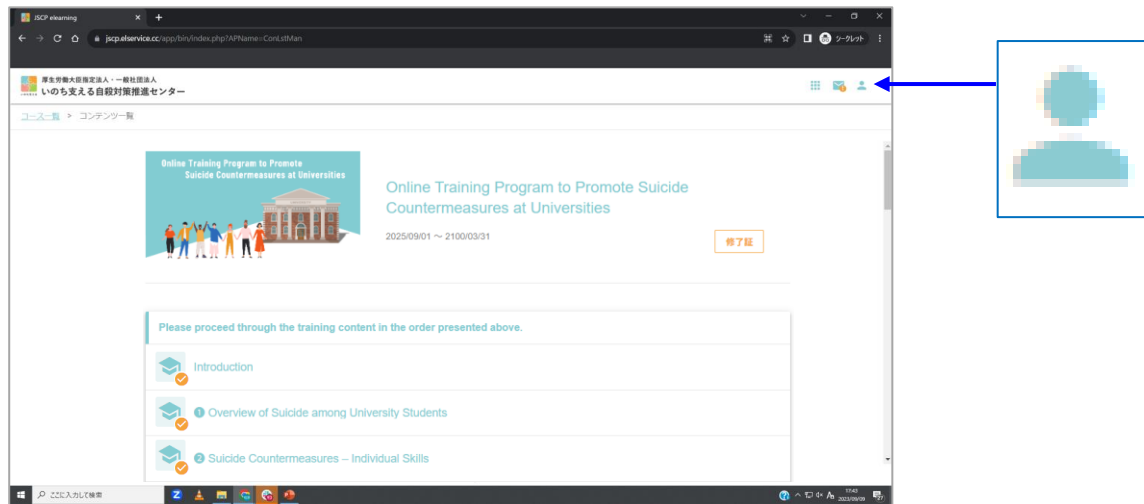
5. Others



▶ Select  in the upper-right corner of the screen to access the following function.

メッセージ一覧 (Message list): You can check notifications about logging into the system and the details of your inquiries.

5. Others



▶ Select  in the upper-right corner of the screen to access the following functions.

- (1) ユーザ名 (User name) : The user name you registered will appear at the top.
- (2) プロフィール編集 (Edit profile) : You can edit your profile.
- (3) ログアウト (Logout) : You can finish (log out of) the e-learning training program.

5. Others

Profile editing example

You can edit various information on theプロフィール編集 (Edit profile) screen.

This system forwards content updates and answers to your questions to your e-mail address. If you would like to receive those, please click "転送する (Forward)."

The screenshot displays the 'プロフィール編集' (Edit profile) interface, divided into two main sections: '基本情報' (Basic Information) on the left and '所属グループ' (Affiliation Group) on theright.

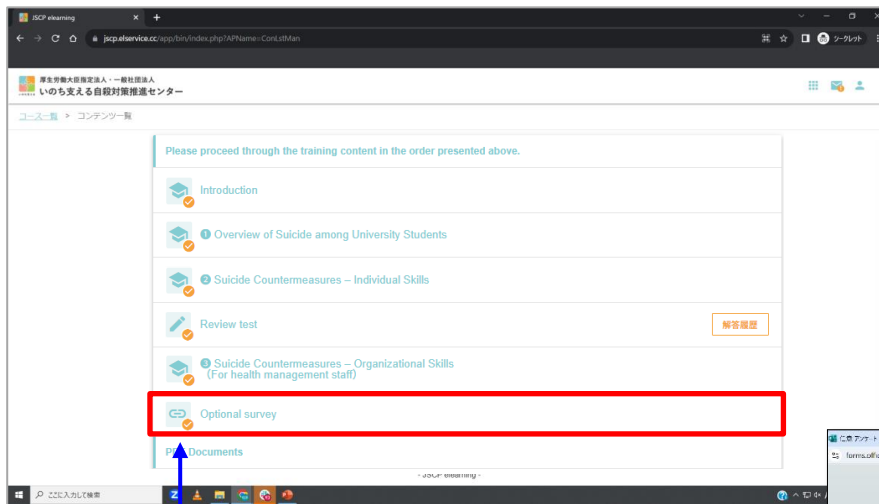
基本情報 (Basic Information):

- ユーザID (User ID):** Input field with 'InochiSasaeru'.
- パスワード (Password):** Input field with a confirmation prompt: '確認のため、パスワードをもう一度入力してください。' (For confirmation, please enter the password one more time.)
- ユーザ名 (必須) (User Name (Required)):** Input field with 'いのちさえる'.
- ユーザ名 (よみがな) (必須) (User Name (Kana) (Required)):** Input field with 'いのちささえる'.
- パスワード再発行用メールアドレス (Password Reset Email Address):** Input field with '更新' (Update) button.
- メールアドレス (Email Address):** Input field with '更新' (Update) button.
- 使用言語 (Used Language):** Dropdown menu with '日本語' (Japanese) selected.
- 年月日表示 (Year/Month/Day Display):** Dropdown menu with 'yyyy/mm/dd' selected.

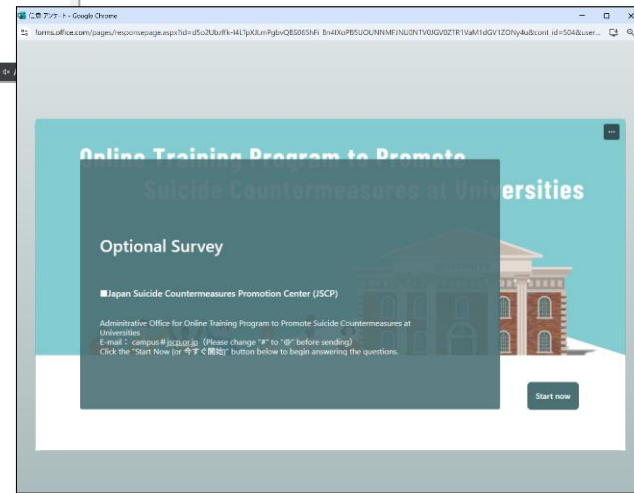
所属グループ (Affiliation Group):

- 追加 (Add):** Input field with '例 010101'.
- 千代田区 (Chiyoda-ku):** Input field with '削除' (Delete) button.
- 東京都 (Tokyo):** Input field with '削除' (Delete) button.
- 勤務先 (Workplace):** Input field with '例 いのち支える自殺対策推進センター' (Example: Chiyoda-ku).
- 属性 (Attributes):** List of checkboxes:
 - ☐ 医師 (Doctor)
 - ☐ 歯科医師 (Dentist)
 - ☐ 教員・教職員 (Teacher/Staff)
 - ☐ 保健士・看護師・准看護師 (Nurse/Registered Nurse/Assistant Nurse)
 - ☐ 児童相談所等を含む福祉保健局 (Welfare/Hygiene Bureau including Child Welfare Centers, etc.)
 - ☐ その他 (Others) with input field '例 地方団体職員' (Example: Local Government Employee)
- 機能など (Functions, etc.):**
 - メッセージのメール転送 (Message Email Forwarding):** Radio buttons: ☒ 転送しない (Do not forward), ☐ 転送する (Forward).
 - 二段階認証 (Two-step authentication):** ☐ 設定する (Set up).
- 更新 (Update):** Button at the bottom right.

5. Others * Request for cooperation with our optional survey



Click "Optional Survey"



- ▶ To improve future training, we would appreciate your cooperation in filling out an optional survey (takes about five minutes).



6. Forget ID or password?

6. Forget ID or password

If you forgot your ID

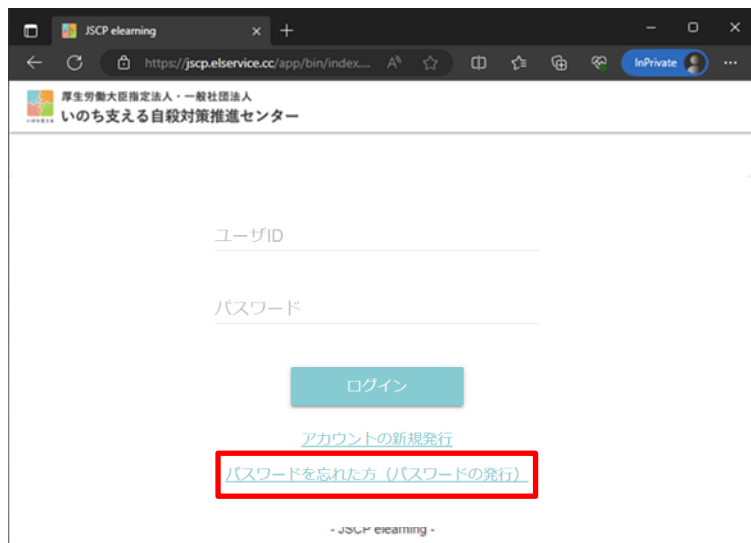
Your ID is the e-mail address you registered.

→ Slide 8

If you forgot your password

You can reissue your password from “パスワードを忘れた方 (Forgot your password?)” on the login page.

The e-mail address used for re-issuing a password is the same as your user ID.



E-mail address is the same as your user ID.



7. Bookmarking

7. Bookmarking

- * When bookmarking, be sure to use the following QR code or URL.

<URL>

https://jscp.elservice.cc/contents/JSCP_CampusTopen.html



Please note that you will not be able to access the training program even if you bookmark the URL after logging in or out.



Japan Suicide Countermeasures Promotion Center