

# Participant Manual for “Online Training Program to Promote Suicide Countermeasures at Universities”

## Step 1 Access to e-learning

[https://jscp.elservice.cc/contents/JSCP\\_CampusTopen.html](https://jscp.elservice.cc/contents/JSCP_CampusTopen.html)

Access the above URL and click “Go to Training Program.”

\* Please bookmark the above URL.



## Step 2 Account registration with an e-mail address

Please proceed while referring to the [detailed manual](#) as necessary.

1. Click “アカウントの新規発行 (Create a new account)” on the login screen.
2. Click “メールで登録に進む (Register by e-mail).”
3. After entering your e-mail address, click “メール送信 (Send e-mail).”  
(Please register your personal e-mail address rather than a shared address.)
4. Enter the one-time code sent to your e-mail address and click “次へ (Next).”
5. Create a login password
6. If there are no errors on the confirmation screen, click “登録 (Register).”
7. Enter your information and click “登録 (Register).”
8. After confirming the Terms of Use, check “利用規約に同意する (I agree to the Terms of Use)” and click “登録 (Register).”

## Step 3 Lectures

- ▶ Introduction
- ▶ ① Overview of Suicide among University Students  
Recent trends in student suicides, Underlying factors behind student suicides
- ▶ ② Suicide Countermeasures—Individual Skills  
Noticing suicidal students, listening with empathy, and connecting them to appropriate support

## Step 4 Review test

Take the review test.  
You will pass it if you answer five questions correctly.

## Step 5 Certificate of completion

You can print and download a certificate of completion.

## Other

- ▶ ③ Suicide Countermeasures—Organizational Skills  
(For health management staff)  
Creating a university where no one is driven to suicide

· Also see lecture materials.

### Contact



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いのち支える自殺対策推進センター

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Japan Suicide Countermeasures Promotion Center (JSCP)

Administrative Office for Online Training Program to Promote Suicide Countermeasures at Universities

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Please replace # with @ before sending.

URL: <https://jscp.or.jp/english/children-guardians-school/campus.html>