Innovative Research Program on Suicide Countermeasures in FY2022: Report on Commissioned Research Results

Field 1: Suicide prevention for children and youth

Topic number : R4-1-2

Research topic:

Development of School-Community Collaboration Model for Education on How to Send SOS Intervention

Principal Researcher:

CHUKYOGAKUIN UNIVERSITY Associate Professor EBATA Shingo

Co-Researcher:

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GIFU UNIVERSITY Associate Professor MATSUMOTO Takuma
KYOTO UNIVERSITY OF EDUCATION Associate Professor ADACHI Tomoo
HOKKAIDO UNIVERSITY Senior Lecturer OHTANI Kazuhiro
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Summary:

We conducted a survey on education on how to send SOS intervention to 600 schools in A Prefecture, and received responses from 256 schools. As a result of the investigation, it was revealed that most schools had conducted SOS Education. However, only 5% (14/256) of those collaboratively provided education on how to send SOS with the local community. In addition, our result shows that the contents and methods of the educational program were varied, which suggested that the school has a lot of hardships in SOS Education.

Furthermore, a survey was conducted on SOS Education for children in all municipalities, and obtained responses from 32 municipalities. According to those responses, only 12 municipalities had implemented SOS Education at school even once in the past. And our results suggest that obstructive factors for implementation are difficulty in

coordinating with the school, lack of a straightforwward program, and lack of workforce, knowledge, and experience.

Based on the results, we developed the School-Community collaboration model for education on how to send SOS intervention, and we plan to implement the program in two public junior high schools.