Innovative Research Program on Suicide Countermeasures in FY2020: Report on Commissioned Research Results

# Field 1: Establishing evidence around suicide countermeasures

**Topic number: 1-1** 

Research topic:

Development of Social Capital Fostering Program for Multigenerational Symbiotic Comprehensive Community Care

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#### Summary:

Firstly, we conducted interviews with "REPRINTS Kawasaki," a volunteer group for intergenerational exchange through picture book reading, and the supporters of the volunteer groups. We then created a manual to support a volunteer group formation, combining the content of the interviews and knowledge obtained by the assigned researchers through their past efforts to support community activities.

Secondly, we established a working group to create a list of picture books suitable for reading to infants and preschoolers. They created a list of picture books, which is useful for three-generational exchanges through reading to children. In addition, with the cooperation of the Child and Family Support Division of the Child and Family Department of Fuchu City, we prepared a draft of a new program by adding an element of three-generational interaction (among the elderly, infants, and parents) to the child-rearing support program provided by professionals such as midwives and public health nurses.